

PROFESSIONAL NURSING CONCEPTS (RNSG 1125)

CREDIT

1 Semester Credit Hours (1 hour lecture, 1 hour lab) 32 Contact Hours

MODE OF INSTRUCTION

Face to Face, Hybrid (web assisted)

PREREQUISITE/CO-REQUISITE:

Prerequisites: Admission to the nursing program

Co-Requisites: RNSG 1311, RNSG 1128, RNSG 1160, RNSG 1216, RNSG 1330

COURSE DESCRIPTION

Introduction to professional nursing concepts and exemplars within the professional nursing roles: member of profession, provider of patient-centered care, patient safety advocate, and member of the health care team. Content includes clinical judgment, communication, ethical-legal, evidenced-based practice, health promotion, health information technology, patient-centered care, patient education, professionalism, safety, and team/collaboration. Emphasizes role development of the professional nurse. This course lends itself to a concept-based approach.

COURSE OBJECTIVES/ COURSE MEASURABLE LEARNING OUTCOMES

Upon completion of this course, the student will be able to:		End of Program Student Learning Outcome (EOP SLO)	Differentiated Essential Competency (DEC)
1.	*Describe the attributes and roles of the professional nurse.	1,5	MOP A1a,b,c, A2, A3, A4, B1a,b,c,d,e, B7a,b, C1, C2 C5a, D4
2.	*Explain the use of a systematic problem-solving process for the development of clinical judgement.	2,3,8	PCC A1a,b, B1, C6
3.	*Identify the Institute of Medicine (IOM) competencies for improving health care quality.	5	MOP B4, B6a,b, B8 PCC B10 PSA A1, A2, A3, A4, A5, A6, B1a,b, B2, C2
4.	*Discuss the legal-ethical parameters for professional nursing practice including the Nursing Practice Act and the American Nurses Association (ANA) code of ethics.	4	MOP B1a, b, c, d, e; B2a,b PCC D1c,d, E8, E9 PSA A1, A2 MHCT A4b



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5.	*Describe professional communication techniques.	1,5,7	MOP B7c; PCC C 2a, b, E2
6.	*Identify health promotion needs for patients across the lifespan.	5,6,7,8	PCC C3, G1a, b
7.	Define intraprofessional and interprofessional teamwork and collaboration.	5,6,7,8	PCC C4b, C5, C7, D5a, E10, H6 MHCT A1a, b, A2, A 3a,b, C4a, D1a,b, D2, D3
8.	Define evidence-based practice.	2,3	PCC A1a, A3, MHCT A5a
9.	Recognize patient and caregiver education topics essential for specific concepts.	8	PCC B6, G1a,b
10.	Define the professional nursing roles of patient advocate and provider of compassionate, theory-based, and individualized patient-centered care.	1,5,7	PCC E3a,b, MHCT A4a, B1a,b, B2a,b

Note: * indicates WECM End-of-Course Outcome.

INSTRUCTOR CONTACT INFORMATION

Instructor: Stacey Ojemeni DNP, MSN, MJ, RN
 Email: sojemeni@lit.edu
 Office Phone: (409) 247- 5069
 Office Location: WAHTC 334
 Office Hours: Wednesdays 9:00 a.m. - 10:30 a.m. and 12:00 p.m. - 3:00 p.m.

Instructor: LeAnn J. Chisholm-Springer PhD, RN, CNE, CHSE
 Email: ljchisholmspringer@lit.edu
 Office Phone: (409) 247-5147
 Office Location: WAHTC 343
 Office Hours: Mondays and Tuesdays 10:00 – 12:00

REQUIRED TEXTBOOK AND MATERIALS

Giddens, J. F. (2025). *Concepts for Nursing Practice* (4th ed.). Elsevier Health Sciences (US).

Texas Board of Nursing. (2023). *Nursing Practice Act, Nursing Peer Review, & Nurse Licensure Compact: Texas Occupations Code*.

Texas Board of Nursing. (2021). *Differentiated Essential Competencies of Graduates of Texas Nursing Programs: Evidence by Knowledge, Clinical Judgments, and Behaviors*.

Yoost, B.L. & Crawford, L.R. (2023). *Fundamentals of Nursing: Active Learning for Collaborative Practice* (3rd ed.). Elsevier Health Sciences (US).

Sherpath for Yoost, B.L. & Crawford, L.R. (2023). *Fundamentals of Nursing: Active Learning for Collaborative Practice* (3rd ed.). Elsevier Health Sciences (US).

ATTENDANCE POLICY

Students are expected to attend all classroom, laboratory, and clinical experiences. Therefore, absences should not be scheduled. If a student experiences an unplanned absence (illness or emergency), the student must contact the course faculty member by email or the administrative associate for the nursing program prior to the scheduled class, laboratory, or clinical time and provide documentation of the absence. Failure to notify faculty and/or provide adequate documentation of the absence may result in an unexcused absence and initiation of the disciplinary process.

DROP POLICY

If you wish to drop a course, you are responsible for initiating and completing the drop process. If you stop coming to class and fail to drop the course, you will earn an "F" in the course.

OUTLINE

- I. Introduction to professional nursing roles (Texas Differentiated Essential Competencies)
 - A. Member of Profession
 - B. Provider of Patient-centered Care
 - C. Patient Safety Advocate
 - D. Member of the Health Care Team.
- II. Professional Nursing Attributes and Roles
 - A. Professionalism (Concept 36: Professional Identity) (Concept 37)
 1. Attributes about the profession
 - B. Clinical judgment (Concept 40)
 1. Scenarios applying the Nursing Process
 - C. Leadership (give basic, will discuss further later) (Concept 38)
 - D. Ethical-legal (Concept 42: Ethics) Texas Nurse Practice Act, ANA Code of Ethics
 1. Nursing Practice Act
 2. Patient Confidentiality (HIPAA, Social media)
 3. ANA Code of Ethics
 4. Patient Rights
 - E. Patient education (Concept 52)
 1. Discharge Planning
 2. Formal (related to exemplars)
 3. Informal (related to exemplars)
 4. Oral health across the lifespan
 - F. Health promotion (Concept 51)

1. Injury prevention
 2. Health care screening
 3. Obesity management
- III. Concepts essential to professional nursing
- A. Patient-centered care (Concept 41) (Unit I: Health care recipient concepts)
 1. Advocacy
 2. Prioritizing Individualized care
 - B. Communication (Concept 44)
 1. Interpersonal
 2. Inter-professional (SBAR, electronic health record)
 3. Intra-personal
 - C. Evidenced-based practice (Concept 39)
 - D. Health information technology (Concept 48)
 - E. Safety (within health care quality) (Concept 46) (Concept 47) IOM/NAM & QSEN
 1. Standard Precautions
 2. National Patient Safety Goals
 3. Environmental Safety & Medication Administration (skills)
 - F. Teamwork & collaboration (Concept 45)
 1. Inter-professional plan of care
 2. Group work
 3. Chain of command

COURSE CALENDAR

WEEK	CONCEPT	TOPIC	READINGS & RESOURCES (Read Before Class)	ACTIVITIES & ASSIGNMENTS (Due Dates)
Week 1 1/21/25 1200 - 1350	36. Pro. Identity	Introduction to Prof. Nursing (DEC Roles) Prof. Nursing Attributes	Texas Differentiated Essential Competencies <ul style="list-style-type: none"> • pp. 1-10 Giddens (2021) • pp. 409-415 Yoost (2025) • ch. 1 (LO 1.1, 1.2, 1.6, 1.7, 1.8) • pp. 2-14 • Videos 	In Class Activity: Group Concept Mapping – Professional Identity (Build a Professional Nurse) Reflective Assignment – Concept Mapping Prof. Identity: Due by 11:59 1/26/25

	37. Well-Being and Resilience	Mental Health and Well-Being for Nursing Students & Nurses	Giddens (2021) <ul style="list-style-type: none"> pp. 418-425 Case Study #1 Read Article Gardner, B., Lally, P., & Wardle, J. (2012). Making health habitual 	Independent Activity: Begin Healthy Habits Formation Wellness Challenge Reflective Assignment - Healthy Habit Formation: Due by 11:59 4/6/25
Week 2 1/28/25 1200 - 1350	40. Clinical Judgment	Developing Clinical Judgment Nursing Process and Clinical Judgment	Giddens (2021) <ul style="list-style-type: none"> pp. 445-454 Video 	In Class Activity: Role Play Scenario and Debrief Reflective Assignment - Clinical Judgment Model: Due by 11:59 2/2/25
Week 3 2/4/25 1200 - 1350	38. Leadership	Definition and Attributes of Leadership Leadership Styles	Giddens (2021) <ul style="list-style-type: none"> pp. 426-432 	In Class Activity: Leadership styles recognition. Book excerpts – reflect and discuss
Week 4 2/11/25 1200 - 1350	42. Ethics	Nurse Practice Act HIPAA Ethical Principles Patient Rights	Texas BON Link Giddens (2021) <ul style="list-style-type: none"> pp. 415 pp. 464-471 pp. 625-630 	In Class Activity: Case Study Jackie Wilson Reflective Assignment - HIPAA: Due by 11:59 2/16/25
Week 5 2/18/25 1200 - 1350	52. Patient Education	Educational Approaches Learner Assessment Discharge Planning	Giddens (2021) <ul style="list-style-type: none"> pp. 553-561 Articles 	Activity: Write a Patient Education Plan (Planning, Implementation, Evaluation, Documentation)

				Patient Education Plan: Due by 11:59 2/23/25
Week 6 2/25/25 1200 - 1350	51. Health Promotion	National Healthcare Agenda Assessment Intervention	Giddens (2021) <ul style="list-style-type: none"> pp. 543-552 Case Presentation – Natalie Jemez – pp. 551. 	Activity: Write an Injury Prevention Plan for Youths who Play Sports (Planning, Implementation, Evaluation, Documentation) Injury Prevention Plan: Due by 11:59 4/2/25
Week 7 3/4/25 1200 - 1350	Exam I – Concepts 36, 37, 38, 40, 42, 51, 52 (See Exam Blueprint)			
Week 8 3/11/25 Spring Break	41. Person/Patient -Centered Care	Attributes Therapeutic Relationship Prioritizing Care Advocacy	Giddens (2021) <ul style="list-style-type: none"> pp. 455-462 ANA Video Link 	Independent Activity: Case Study Reflective Assignment – Prioritizing Care: Due by 11:59 3/16/25
Week 9 4/29/25 1200 - 1350	45. Collaboration	Interprofessional Intraprofessional Chain of Command	Giddens (2021) <ul style="list-style-type: none"> pp. 488-494 	In Class Activity: Interprofessional collaboration with pharmacy techs, respiratory, LVNs
Week 10 3/25/25 1200 - 1350	39. Evidence	Origins Attributes Types	Giddens (2021) <ul style="list-style-type: none"> pp. 434-436 	In Class Activity: Discussion
Week 11 4/1/25 1200 - 1350	39. Evidence	Peer Reviewed Predatory Journals	Giddens (2021) <ul style="list-style-type: none"> pp. 434-436 	In Class Activity: Discussion

<p>Week 12 4/8/25 1200 - 1350</p>	<p>48. Technology and Informatics</p>	<p>Health Informatics</p> <p>Electronic Health Records</p> <p>HIPAA</p>	<p>Giddens (2021)</p> <ul style="list-style-type: none"> pp. 515-524 	<p>In Class Activity: Case Study & Debrief</p> <p>Reflective Activity - HIPAA Violation:</p> <p>Due by 11:59 4/13/25</p>
<p>Week 13 4/15/25 1200 - 1350</p>	<p>46. Safety</p>	<p>Standard Precautions</p> <p>NPSG</p> <p>Environmental Safety</p> <p>Medication Safety</p>	<p>Giddens (2021)</p> <ul style="list-style-type: none"> pp. 496-505 	<p>In Class Activity: Adverse Event Case Study with Round Table Discussion</p> <p>Reflective Activity – Adverse Event Review and Response:</p> <p>Due by 11:59 4/20/25</p>
<p>Week 14 4/22/25 1200 - 1350</p>	<p>Exam II – Concepts 39a, 39b, 41, 45, 46, 48 (See Exam Blueprint)</p>			
<p>Week 15 3/18/25 1200 - 1350</p>	<p>44. Communication</p>	<p>Forms of Communication</p>	<p>Giddens (2021)</p> <p>pp. 482-487</p>	<p>In Class Activity: Role Play – Care Communication – Nurse to Nurse and Nurse to Provider</p> <p>Reflective Assignment – Effective Communication:</p> <p>Due by 11:59 3/23/25</p>
<p>Week 16 5/6/25 1200 - 1350</p>	<p>Independent Study – Final Exam Prep.</p>			
<p>Week 17 5/13/25 1200 - 1350</p>	<p>Comprehensive Final Exam – Concepts 44 plus all other concepts previously covered in the course.</p>			

COURSE EVALUATION

Final grades will be calculated according to the following criteria:

Evaluation Method	Course Grade %
1. Reflective Assignments	20%
2. Exam I	25%
3. Exam II	25%
4. Final Exam	30%
Total:	100%

Note: Students must have a 75% average on exams in order for the Sherpath lessons and Audience Response Questions to be counted in the final course grade. If 75% on all exams is not achieved by the end of the course, the student will earn the grade from all averaged exams.

GRADE SCALE

90-100	A	
80-89	B	
75-79	C	*Required for progression in nursing program.
60-69	D	
0-59	F	

TECHNICAL REQUIREMENTS

The latest technical requirements, including hardware, compatible browsers, operating systems, etc. can be online at <https://lit.edu/online-learning/online-learning-minimum-computer-requirements>. A functional broadband internet connection, such as DSL, cable, or WiFi is necessary to maximize the use of online technology and resources.

DISABILITIES STATEMENT

The Americans with Disabilities Act of 1990 and Section 504 of the Rehabilitation Act of 1973 are federal anti-discrimination statutes that provide comprehensive civil rights for persons with disabilities. LIT provides reasonable accommodations as defined in the Rehabilitation Act of 1973, Section 504 and the Americans with Disabilities Act of 1990, to students with a diagnosed disability. The Special Populations Office is located in the Eagles' Nest Room 129 and helps foster a supportive and inclusive educational environment by maintaining partnerships with faculty and staff, as well as promoting awareness among all members of the Lamar Institute of Technology community. If you believe you have a disability requiring an accommodation, please contact the Special Populations Coordinator at (409)-951-5708 or email

specialpopulations@lit.edu. You may also visit the online resource at [Special Populations - Lamar Institute of Technology \(lit.edu\)](#).

STUDENT CODE OF CONDUCT STATEMENT

It is the responsibility of all registered Lamar Institute of Technology students to access, read, understand and abide by all published policies, regulations, and procedures listed in the *LIT Catalog and Student Handbook*. The *LIT Catalog and Student Handbook* may be accessed at www.lit.edu. Please note that the online version of the *LIT Catalog and Student Handbook* supersedes all other versions of the same document.

AI STATEMENT

Lamar Institute of Technology (LIT) recognizes the recent advances in Artificial Intelligence (AI), such as ChatGPT, have changed the landscape of many career disciplines and will impact many students in and out of the classroom. To prepare students for their selected careers, LIT desires to guide students in the ethical use of these technologies and incorporate AI into classroom instruction and assignments appropriately. Appropriate use of these technologies is at the discretion of the instructor. Students are reminded that all submitted work must be their own original work unless otherwise specified. Students should contact their instructor with any questions as to the acceptable use of AI / ChatGPT in their courses.

STARFISH

LIT utilizes an early alert system called Starfish. Throughout the semester, you may receive emails from Starfish regarding your course grades, attendance, or academic performance. Faculty members record student attendance, raise flags and kudos to express concern or give praise, and you can make an appointment with faculty and staff all through the Starfish home page. You can also login to Blackboard or MyLIT and click on the Starfish link to view academic alerts and detailed information. It is the responsibility of the student to pay attention to these emails and information in Starfish and consider taking the recommended actions. Starfish is used to help you be a successful student at LIT.

ADDITIONAL COURSE POLICIES/INFORMATION

COURSE GRADING AND ASSIGNMENTS

Class attendance and satisfactory completion of all assignments is essential in order to be successful in the course.

SHERPATH LESSONS

Sherpath lessons accompany the pathophysiology textbook and are accessed through the Evolve website using the student login and are linked to the Blackboard® course. Sherpath lessons are assigned in order to reinforce student learning and facilitate review of content previously presented in the Nursing Pathophysiology course. Students will not earn a grade for Sherpath lessons in this course.

AUDIENCE RESPONSE QUESTIONS

Faculty will utilize an audience response system to ask questions during class. This strategy is utilized to assess class understanding of the content and to promote critical thinking. It is essential for students to come to class prepared and actively engage in the discussion in order

to earn a grade for Audience Response Questions. Grades on Audience Response Questions will be calculated into the course average after a 75% average on all exams is achieved.

COURSE EXAMS

Three unit exams and a comprehensive final exam will be administered during this course. Exams will be taken in person and during class time. Upon entry to the testing room, students must show the official LIT Student ID. The ID must remain visible on the student's desk at all times during exam administration. The following items are not allowed in the testing room:

- Hats, caps, scarfs, hooded shirts (unless religious covering)
- Food, candy, drinks
- Cell phone, electronic devices, smart watches, smart glasses, recording devices

LATE ASSIGNMENTS

Late assignments are generally not accepted in this course. Group NP and CJ application exercises are due at the end of the class period. Students who are absent and document excused extenuating circumstances (i.e. severe illness or natural disaster) must notify the faculty member of the circumstance prior to class and work collaboratively with faculty prior to the due date on the assignment to develop a plan for submitting the assignment. This collaboration should occur prior to the weekend or school holiday. Assignments will not be accepted late without prior arrangements. Students must be present to earn Audience Response Question grades, and all exams are taken in person. Students who are sick on exam day must notify faculty by email prior to the exam start time. Valid documentation must be provided to the faculty member in order for arrangements to be made for retaking the exam or an alternate solution as determined by the Nursing Program Director.

PERMISSION TO RECORD LECTURES

Students are not allowed to record (audio or video) lectures or class discussions without the expressed permission of the faculty member. This includes pictures of presentations.

CIVILITY

Learning can be an intimidating experience for some students. It is imperative that students in the AASN program are respectful and civil to student colleagues as well as faculty in order to facilitate a safe and effective learning environment. It is imperative for students to realize that all students do not process information in the same manner or learn information in the same way. The AASN program faculty respect the diversity of our students which includes diversity of learning styles. Civility is maintained when there is order, respect for the teaching and learning process, empathy, and consideration for others. Students are expected to demonstrate civility in the classroom, online environment, and in all face-to-face as well as electronic communications. Demonstrations of uncivil behavior are unacceptable, do not demonstrate attributes of a professional nurse, and may result in initiation of the disciplinary process including but not limited to the student being excused from the experience, course, and potentially the nursing program.

