DORI_0200_3A1_ College Success

Spring 2025

INSTRUCTOR CONTACT INFORMATION

Instructor:	Carolyn Heflin
Email:	cheflin1@lit.edu
Office Phone:	409-257-0059
Office Location:	LIT Building 2: Technology Center (TC), Second Floor
Office Hours:	Tuesday & Wednesday 8:00-9:00
	Monday-Thursday 12:00-2:00
	Please schedule an appointment if outside these hours.
	I will also be available before and/or after class to provide any assistance that you may need.

CREDIT
2 Non-Credit Semester Hours

MODE OF INSTRUCTION
In Person

PREREQUISITE/CO-REQUISITE:
None

COURSE DESCRIPTION
Psychology of learning and success; examines factors that underlie learning, success, and personal development in higher education. Topics covered include information processing, memory, strategic learning, self-regulation, goal setting, motivation, educational and career planning, and learning styles. Techniques of study such as time management, listening and note taking, text marking, library and research skills, preparing for examinations, and utilizing learning resources are covered. This includes courses in college orientation and the development of students' academic skills that apply to all disciplines.

COURSE OBJECTIVES
Upon completion of this course, the student will be able to
1. Navigate the systems of college (including technology, career/major exploration, academic advising, registration, and campus resources).
2. Examine factors that underlie learning, success, and personal development in higher education.
3. Discover techniques of study such as time management, listening and note taking, test taking, library and research skills, reading, and memory.
4. Demonstrate the State of Texas core objectives of critical thinking, communication, teamwork, personal and social responsibility, and qualitative reasoning.
5. Understand the concept of financial literacy for students, including the financial aid process.

REQUIRED TEXTBOOK AND MATERIALS
- College Success Concise by OpenStax by Amy Baldwin, Free at OpenStax.com
- Computer
- Internet connection (Broadband highly recommended)
- MS PowerPoint (students are provided with free Office 365 access)
- MS Word or compatible word processor (students are provided with free Office 365 access)
- MS Outlook Email (students are provided with free Office 365 access

ATTENDANCE POLICY
Learning should not be done in isolation; it is a social activity. It is my intention that you not only learn from me but also from each other. This will be an interactive class with many opportunities to engage directly with your peers. Being on time, present and actively engaged in class will provide you with the deepest learning experience. If an urgent situation occurs that prevents you from attending class, contact me by email or phone (leave voicemail if no answer) and we will discuss the best way to make up activities from the missed class. Failure to notify me of an absence may result in automatic failure of missed class activities and decline in overall grade.

DROP POLICY
Students are NOT permitted to drop DORI. If you stop completing your coursework, you will fail the course and have to retake DORI in order to be eligible to graduate.

STUDENT EXPECTED TIME REQUIREMENT
For every hour in class (or unit of credit), students should expect to spend at least two to three hours per week studying and completing assignments. For a 3-credit-hour class, students should prepare to allocate approximately six to nine hours per week outside of class in a 16- week session OR approximately twelve to eighteen hours in an 8-week session. Online/Hybrid students should expect to spend at least as much time in this course as in the traditional, face-to-face class.

COURSE CALENDAR

Module	Course Content and Activities	Assignments Due	Date Due
1	1.1 Why College? 1.2 The First Year of College.. 1.3 College Culture and Expectations 1.4 It's All in the Mindset	Reading Assignment 1.1-1.3 Written Reflection 1.1-1.3 *Class Discussion 1.1-1-3 Reading Assignment 1.4 Written Reflection 1.4 *Class Discussion 1.4 *Module 1 Project (Mindset: 16 Personalities)	January 26 January 26 *January 27 January 28 January 28 January 29 *February 3
2	2.1 Time Management 2.2 Procrastination 2.3 Manage Time 2.4 Prioritization 2.5 Strategies for Time and Task Management	Reading Assignment 2.1-2.3 Written Reflection 2.1-2.3 *Class Discussion 2.1-2.3 Reading Assignment 2.4-2.5 Written Reflection 2.4-2.5 *Class Discussion 2.4-2.5 *Module 2 Project (Task Management: Weekly Schedule)	February 4 February 4 *February 5 February 9 February 9 *February 10 *February 12
3	3.1 The Learning Process	Reading Assignment 3.1-3.2 Written Reflection 3.1-3.2	February 16 February 16

	3.2 The Nature and Types of Reading 3.3 Effective Reading Strategies 3.4 Helpful Note-Taking Strategies	*Class Discussion 3.1-3.2 Reading Assignment 3.3-3.4 Written Reflection 3.3-3.4 *Class Discussion 3.3-3.4 *Module 3 Project (Reading for Research: LEA & Library Overview)	*February 17 February 18 February 18 *February 19 *February 24
4	4.1 Deepening Your Learning 4.2. Memory 4.3 Studying 4.4 Test Taking 4.5 Developing Metacognition	Reading Assignment 4.1-4.2 Written Reflection 4.1-4.2 *Class Discussion 4.1-4.2 Reading Assignment 4.3-4.4 Written Reflection 4.3-4.5 *Class Discussion 4.3-4.5 *Module 4 Project (Studying Plan)	February 25 February 25 *February 26 March 2 March 2 *March 3 March 5
5	5.1 The Benefits of Healthy Relationships 5.2 Building Relationships in College 5.3 Working in Groups	Reading Assignment 5.1-5.2 Written Reflection 5.1-5.2 *Class Discussion 5.1-5.2 Reading Assignment 5.3 Written Reflection 5.3 *Class Discussion 5.3 *Module 5 Project (Group Project Practice)	March 16 March 16 *March 17 March 18 March 18 *March 19 *March 24
6	6.1 Creating Your Best Self 6.2 Your Overall Well-Being 6.3 The Mind-Body Connection 6.4 Mental Health Basics 6.5 Social Media and Mental Health 6.6 Physical Health Basics	Reading Assignment 6.1-6.2 Written Reflection 6.1-6.2 *Class Discussion 6.1-6.2 Reading Assignment 6.3-6.4 Written Reflection 6.3-6.4 *Class Discussion 6.3-6.4 Reading Assignment 6.5-6.6 Written Reflection 6.5-6.6 *Class Discussion 6.5-6.6 *Module 6 Project: (Physical Health: Food Ingredients)	March 25 March 25 *March 26 March 30 March 30 *March 31 April 1 April 1 *April 2 *April 7
7	7.1 Personal Financial Planning 7.2 Savings, Expenses, and Budgeting 7.3 Credit Cards 7.4 Paying for College	Reading Assignment 7.1-7.2 Written Reflection 7.1-7.2 *Class Discussion 7.1-7.2 Reading Assignment 7.3-7.4 Written Reflection 7.3-7.4 *Class Discussion 7.3-7.4 *Class Project: (Budgeting)	April 8 April 8 *April 9 April 13 April 13 *April 14 *April 16
8	8.1 Setting Goals and Staying Motivated 8.2 Planning Your Degree Path 8.3 Making a Plan 8.4 Using the Career Planning Cycle	Reading Assignment 8.1-8.2 Written Reflection 8.1-8.2 *Class Discussion 8.1-8.2 Reading Assignment 8.3-8.4 Written Reflection 8.3-8.4 *Class Discussion 8.3-8.4 *Spring Finals and Summer/Fall 2025 Prep	April 21 April 21 *April 21 April 22 April 22 *April 23 *April 28-May 8

*Completed during class time and counts as Daily Work grade.

COURSE EVALUATION

Final grades DO IMPACT your overall GPA and will be calculated according to the following criteria:

- Daily Work While in Class   45%
- Blackboard Assignments   55%

GRADING SCALE
90-100   A
80-89   B
70-79   C
60-69   D
0-59   F

LIT does not use +/- grading scales
A 70% C is required as a passing grade for this course.

ACADEMIC DISHONESTY
Students found to be committing academic dishonesty (cheating, plagiarism, or collusion) may receive disciplinary action. Students need to familiarize themselves with the institution's Academic Dishonesty Policy available in the Student Catalog & Handbook at http://catalog.lit.edu/content.php?catoid=3&navoid=80#academic-dishonesty.

ARTIFICIAL INTELLIGENCE STATEMENT

Lamar Institute of Technology (LIT) recognizes the recent advances in Artificial Intelligence (AI), such as ChatGPT, have changed the landscape of many career disciplines and will impact many students in and out of the classroom. To prepare students for their selected careers, LIT desires to guide students in the ethical use of these technologies and incorporate AI into classroom instruction and assignments appropriately. Appropriate use of these technologies is at the discretion of the instructor. Students are reminded that all submitted work must be their own original work unless otherwise specified. Students should contact their instructor with any questions as to the acceptable use of AI/ChatGPT in their courses.

TECHNICAL REQUIREMENTS
The latest technical requirements, including hardware, compatible browsers, operating systems, etc. can be online at https://lit.edu/online-learning/online-learning-minimum-computer-requirements. A functional broadband internet connection, such as DSL, cable, or WiFi is necessary to maximize the use of online technology and resources.

DISABILITIES STATEMENT
The Americans with Disabilities Act of 1990 and Section 504 of the Rehabilitation Act of 1973 are federal anti-discrimination statutes that provide comprehensive civil rights for persons with disabilities. LIT provides reasonable accommodations as defined in the Rehabilitation Act of 1973, Section 504 and the Americans with Disabilities Act of 1990, to students with a diagnosed disability. The Special Populations Office is located in the Eagles' Nest Room 129 and helps foster a supportive and inclusive educational environment by maintaining partnerships with faculty and staff, as well as promoting awareness among all members of the Lamar Institute of Technology community. If you believe you have a disability requiring an accommodation, please contact the Special Populations Coordinator at (409)-951-5708 or email specialpopulations@lit.edu. You may also visit the online resource at Special Populations - Lamar Institute of Technology (lit.edu).

STUDENT CODE OF CONDUCT STATEMENT
It is the responsibility of all registered Lamar Institute of Technology students to access, read, understand and abide by all published policies, regulations, and procedures listed in the *LIT Catalog and Student Handbook*. The *LIT Catalog and Student Handbook* may be accessed at www.lit.edu. Please note that the online version of the *LIT Catalog and Student Handbook* supersedes all other versions of the same document.

STARFISH
LIT utilizes an early alert system called Starfish. Throughout the semester, you may receive emails from Starfish regarding your course grades, attendance, or academic performance. Faculty members record student attendance, raise flags and kudos to express concern or give praise, and you can make an appointment with faculty and staff all through the Starfish home page. You can also login to Blackboard or MyLIT and click on the Starfish link to view academic alerts and detailed information. It is the responsibility of the student to pay attention to these emails and information in Starfish and consider taking the recommended actions. Starfish is used to help you be a successful student at LIT.