

## PROFESSIONAL NURSING CONCEPTS (RNSG 1125)

### CREDIT

1 Semester Credit Hours (1 hour lecture, 1 hour lab) 32 Contact Hours

### MODE OF INSTRUCTION

Face to Face, Hybrid (web assisted)

### PREREQUISITE/CO-REQUISITE:

Prerequisites: Admission to the nursing program

Co-Requisites: RNSG 1311, RNSG 1128, RNSG 1160, RNSG 1216, RNSG 1330

### COURSE DESCRIPTION

Introduction to professional nursing concepts and exemplars within the professional nursing roles: member of profession, provider of patient-centered care, patient safety advocate, and member of the health care team. Content includes clinical judgment, communication, ethical-legal, evidenced-based practice, health promotion, health information technology, patient-centered care, patient education, professionalism, safety, and team/collaboration. Emphasizes role development of the professional nurse. This course lends itself to a concept-based approach.

### COURSE OBJECTIVES/ COURSE MEASURABLE LEARNING OUTCOMES

Upon completion of this course, the student will be able to:		End of Program Student Learning Outcome (EOP SLO)	Differentiated Essential Competency (DEC)
1.	*Describe the attributes and roles of the professional nurse.	1,5	<b>MOP</b> A1a,b,c, A2, A3, A4, B1a,b,c,d,e, B7a,b, C1, C2 C5a, D4
2.	*Explain the use of a systematic problem-solving process for the development of clinical judgement.	2,3,8	<b>PCC</b> A1a,b, B1, C6
3.	*Identify the Institute of Medicine (IOM) competencies for improving health care quality.	5	<b>MOP</b> B4, B6a,b, B8 <b>PCC</b> B10 <b>PSA</b> A1, A2, A3, A4, A5, A6, B1a,b, B2, C2
4.	*Discuss the legal-ethical parameters for professional nursing practice including the Nursing Practice Act and the American Nurses Association (ANA) code of ethics.	4	<b>MOP</b> B1a, b, c, d, e; B2a,b <b>PCC</b> D1c,d, E8, E9 <b>PSA</b> A1, A2 <b>MHCT</b> A4b



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5.	*Describe professional communication techniques.	1,5,7	<b>MOP</b> B7c; <b>PCC</b> C 2a, b, E2
6.	*Identify health promotion needs for patients across the lifespan.	5,6,7,8	<b>PCC</b> C3, G1a, b
7.	Define intraprofessional and interprofessional teamwork and collaboration.	5,6,7,8	<b>PCC</b> C4b, C5, C7, D5a, E10, H6 <b>MHCT</b> A1a, b, A2, A 3a,b, C4a, D1a,b, D2, D3
8.	Define evidence-based practice.	2,3	<b>PCC</b> A1a, A3, <b>MHCT</b> A5a
9.	Recognize patient and caregiver education topics essential for specific concepts.	8	<b>PCC</b> B6, G1a,b
10.	Define the professional nursing roles of patient advocate and provider of compassionate, theory-based, and individualized patient-centered care.	1,5,7	<b>PCC</b> E3a,b, <b>MHCT</b> A4a, B1a,b, B2a,b

*Note: \* indicates WECM End-of-Course Outcome.*

### **INSTRUCTOR CONTACT INFORMATION**

Instructor: Stacey Ojemeni DNP, MSN, MJ, RN  
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 Office Hours: Wednesday 2:00-4:00; Thursday 10:30-11:30 and 12:30-2:30

Instructor: Kelly Hansen MSN, RN  
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 Office Phone: (409) 247-4861  
 Office Location: WAHTC 333  
 Office Hours: Tuesday and Thursday 0730-0800; 1220-1250; Wednesday 0930-1230

### **REQUIRED TEXTBOOK AND MATERIALS**

Giddens, J. F. (2025). *Concepts for Nursing Practice* (4<sup>th</sup> ed.). Elsevier Health Sciences (US).

Texas Board of Nursing. (2023). *Nursing Practice Act, Nursing Peer Review, & Nurse Licensure Compact: Texas Occupations Code.*

Texas Board of Nursing. (2021). *Differentiated Essential Competencies of Graduates of Texas Nursing Programs: Evidence by Knowledge, Clinical Judgments, and Behaviors.*

Yoost, B.L. & Crawford, L.R. (2023). *Fundamentals of Nursing: Active Learning for Collaborative Practice* (3<sup>rd</sup> ed.). Elsevier Health Sciences (US).

Sherpath for Yoost, B.L. & Crawford, L.R. (2023). *Fundamentals of Nursing: Active Learning for Collaborative Practice* (3<sup>rd</sup> ed.). Elsevier Health Sciences (US).

### **ATTENDANCE POLICY**

Students are expected to attend all classroom, laboratory, and clinical experiences. Therefore, absences should not be scheduled. If a student experiences an unplanned absence (illness or emergency), the student must contact the course faculty member by email or the administrative associate for the nursing program prior to the scheduled class, laboratory, or clinical time and provide documentation of the absence. Failure to notify faculty and/or provide adequate documentation of the absence may result in an unexcused absence and initiation of the disciplinary process.

### **DROP POLICY**

If you wish to drop a course, you are responsible for initiating and completing the drop process. If you stop coming to class and fail to drop the course, you will earn an “F” in the course.

### **OUTLINE**

- I. Introduction to professional nursing roles (Texas Differentiated Essential Competencies)
  - A. Member of Profession
  - B. Provider of Patient-centered Care
  - C. Patient Safety Advocate
  - D. Member of the Health Care Team.
- II. Professional Nursing Attributes and Roles
  - A. Professionalism (Concept 36: Professional Identity) (Concept 37)
    1. Attributes about the profession
  - B. Clinical judgment (Concept 40)
    1. Scenarios applying the Nursing Process
  - C. Leadership (give basic, will discuss further later) (Concept 38)
  - D. Ethical-legal (Concept 42: Ethics) Texas Nurse Practice Act, ANA Code of Ethics
    1. Nursing Practice Act
    2. Patient Confidentiality (HIPAA, Social media)
    3. ANA Code of Ethics
    4. Patient Rights
  - E. Patient education (Concept 52)
    1. Discharge Planning
    2. Formal (related to exemplars)
    3. Informal (related to exemplars)
    4. Oral health across the lifespan

- F. Health promotion (Concept 51)
  - 1. Injury prevention
  - 2. Health care screening
  - 3. Obesity management
- III. Concepts essential to professional nursing
  - A. Patient-centered care (Concept 41) (Unit I: Health care recipient concepts)
    - 1. Advocacy
    - 2. Prioritizing Individualized care
  - B. Communication (Concept 44)
    - 1. Interpersonal
    - 2. Inter-professional (SBAR, electronic health record)
    - 3. Intra-personal
  - C. Evidenced-based practice (Concept 39)
  - D. Health information technology (Concept 48)
  - E. Safety (within health care quality) (Concept 46) (Concept 47) IOM/NAM & QSEN
    - 1. Standard Precautions
    - 2. National Patient Safety Goals
    - 3. Environmental Safety & Medication Administration (skills)
  - F. Teamwork & collaboration (Concept 45)
    - 1. Inter-professional plan of care
    - 2. Group work
    - 3. Chain of command

## COURSE CALENDAR

WEEK	CONCEPT	TOPIC	READINGS & RESOURCES (Read Before Class)	ACTIVITIES & ASSIGNMENTS (Assignment Due Dates)
Week 1 8/26/25 10:30-12:20	36. Professional Identity, 409	<p>Introduction to Prof. Nursing (DEC Roles)</p> <p>Prof. Nursing Attributes</p>	<p>Texas Differentiated Essential Competencies</p> <ul style="list-style-type: none"> <li>pp. 1-10</li> </ul> <p>Giddens (2021)</p> <ul style="list-style-type: none"> <li>pp. 409-415</li> </ul> <p>Yoost (2025)</p> <ul style="list-style-type: none"> <li>ch. 1 (LO 1.1, 1.2, 1.6, 1.7, 1.8)</li> <li>pp. 2-14</li> </ul> <p>Videos</p>	<p>In Class Group Activity:</p> <p>Concept Mapping – Professional Identity (Build a Professional Nurse)</p> <p><b>Quiz: 8/26/25 complete by 1159</b></p>

	37. Well-Being and Resilience, 418	Mental Health and Well-Being for Nursing Students & Nurses	Giddens (2021) <ul style="list-style-type: none"> <li>pp. 418-425</li> <li>Case Study #1</li> </ul> Read Article Gardner, B., Lally, P., & Wardle, J. (2012). Making Health Habitual	<b>Submission Due: 8/26/25 Concept Map by 11:59</b>  Independent Activity: <b>Begin - Healthy Habit Formation Well-Being Challenge</b>  <b>Assignment Due: 11/18/25 Healthy Habit Formation Log and Reflection by 1159</b>
Week 2 9/2/25 10:30-12:20	40. Clinical Judgment, 445	Developing Clinical Judgment  Nursing Process and Clinical Judgment	Giddens (2021) <ul style="list-style-type: none"> <li>pp. 445-454</li> <li>Video</li> </ul>	In Class Group Activity:  Clinical Judgment Model Exercise  <b>Submission Due: 9/2/25 by 1159</b>
Week 3 9/9/25 10:30-12:20	38. Leadership, 426	Definition and Attributes of Leadership  Leadership Styles	Giddens (2021) <ul style="list-style-type: none"> <li>pp. 426-432</li> </ul>	In Class Discussion:  Leadership – Book Excerpts
Week 4 9/16/25 10:30-12:20	42. Ethics, 464	Nurse Practice Act  HIPAA  Ethical Principles  Patient Rights	Texas BON Link  Giddens (2021) <ul style="list-style-type: none"> <li>pp. 415</li> <li>pp. 464-471</li> <li>pp. 625-630</li> </ul>	In Class Group Discussion:  Case Study  <b>Quiz: 9/16/25 complete by 1159</b>
Week 5 9/23/25 10:30-12:20	52. Patient Education, 553	Educational Approaches	Giddens (2021) <ul style="list-style-type: none"> <li>pp. 553-561</li> <li>Articles</li> </ul>	Group Project and In Class Presentation:

		Learner Assessment  Discharge Planning		Write a Patient Education Plan (Planning, Implementation, Evaluation, Documentation)  <b>Assignment Due: 9/23/25 PowerPoint and Patient Education Plan by 1159</b>
Week 6 9/30/25 10:30-12:20	51. Health Promotion, 543	National Healthcare Agenda  Assessment  Intervention	Giddens (2021) <ul style="list-style-type: none"> <li>• pp. 543-552</li> <li>• Case Review – Natalie Jemez, DNP – pp. 551.</li> </ul>	Group Project and In Class Presentation:  Write an Injury Prevention Plan for Youths. (Planning, Implementation, Evaluation, Documentation)  <b>Assignment Due: 9/30/25 PowerPoint and Injury Prevention Plan by 1159</b>
Week 7 10/7/25 10:30-12:20	Exam I – Concepts 36, 37, 38, 40, 42, 51, 52 (See Exam Blueprint)			
Week 8 10/14/25 10:30-12:20	41. Person/Patient - Centered Care, 455	Attributes  Therapeutic Relationship  Prioritizing Care  Advocacy	Giddens (2021) <ul style="list-style-type: none"> <li>• pp. 455-462</li> <li>• ANA Video Link</li> </ul>	In Class Group Activity:  Case Study Review
Week 9 10/21/25 10:30-12:20	45. Collaboration, 488	Interprofessional  Intraprofessional  Chain of Command	Giddens (2021) <ul style="list-style-type: none"> <li>• pp. 488-494</li> </ul>	In Class Group Activity:  Collaboration Role Play – Whose Voice Matters Most?

				<b>Quiz: 10/21/25 complete by 1159</b>
Week 10 10/28/25 10:30- 12:20	39. Evidence, 434	Origins Attributes Types	Giddens (2021) • pp. 434-443	In Class Group Discussion:  Which came first: Bedside care or best practice?  <b>Quiz: 10/28/25 complete by 1159</b>
Week 11 11/4/25 10:30- 12:20	39. Evidence, 434	Peer Reviewed  Predatory Journals	Giddens (2021) • pp. 434-443	In Class Group Activity:  Would you trust this source?  <b>Submission Due: 11/4/25 Group Appraisal by 1159</b>
Week 12 11/11/25 10:30- 12:20	48. Technology and Informatics, 515	Health Informatics  Electronic Health Records  HIPAA	Giddens (2021) • pp. 515-524	In Class Group Discussion:  The Curious Case of Predictive Analysis  <b>Quiz: 11/11/25 complete by 1159</b>
Week 13 11/18/25 10:30- 12:20	46. Safety, 496	Standard Precautions  NPSG  Environmental Safety  Medication Safety	Giddens (2021) • pp. 496-505	In Class Group Presentation:  Spotlight on Healthcare  <b>Assignment Due: 11/18/25 Group Presentation and Peer Evaluation by 1159</b>  <b>Assignment Due: 11/18/25 Healthy Habit Formation Log and Reflection by 1159</b>

Week 14 11/25/25 10:30- 12:20	Exam II – See Exam Blueprint			
Week 15 12/2/25 10:30- 12:20	44. Communication , 482	Forms of Communication	Giddens (2021) pp. 482-487	In Class Group Activity:  Role Play – Nurse to nurse and nurse to provider communication  <b>Quiz Due: 12/2/25 by 1159</b>
Week 16 12/9/25 10:30- 12:20	Comprehensive Final Exam – See Exam Blueprint			

## COURSE EVALUATION

Final grades will be calculated according to the following criteria:

Evaluation Method	Course Grade %
1. Group Exercises	5%
2. Group Presentations	10%
3. Key Concepts and Exemplar Quizzes	5%
4. Exam I	25%
5. Exam II	25%
6. Final Exam	30%
<b>Total:</b>	100%

**Note:** \* To successfully pass this course, students must achieve a minimum average of 75% across all exams. Students who do not meet this benchmark will not pass the course, regardless of their assignment performance. *(Standardized Exams are not included in the 75% exam rule calculation).*

## GRADE SCALE

90-100	A	
80-89	B	
75-79	C	*Required for progression in nursing program.
60-74	D	
0-59	F	



## **TECHNICAL REQUIREMENTS**

The latest technical requirements, including hardware, compatible browsers, operating systems, etc. can be online at <https://lit.edu/online-learning/online-learning-minimum-computer-requirements>. A functional broadband internet connection, such as DSL, cable, or WiFi is necessary to maximize the use of online technology and resources.

## **DISABILITIES STATEMENT**

The Americans with Disabilities Act of 1990 and Section 504 of the Rehabilitation Act of 1973 are federal anti-discrimination statutes that provide comprehensive civil rights for persons with disabilities. LIT provides reasonable accommodations as defined in the Rehabilitation Act of 1973, Section 504 and the Americans with Disabilities Act of 1990, to students with a diagnosed disability. The Special Populations Office is located in the Eagles' Nest Room 129 and helps foster a supportive and inclusive educational environment by maintaining partnerships with faculty and staff, as well as promoting awareness among all members of the Lamar Institute of Technology community. If you believe you have a disability requiring an accommodation, please contact the Special Populations Coordinator at (409)-951-5708 or email [specialpopulations@lit.edu](mailto:specialpopulations@lit.edu). You may also visit the online resource at [Special Populations - Lamar Institute of Technology \(lit.edu\)](#).

## **STUDENT CODE OF CONDUCT STATEMENT**

It is the responsibility of all registered Lamar Institute of Technology students to access, read, understand and abide by all published policies, regulations, and procedures listed in the *LIT Catalog and Student Handbook*. The *LIT Catalog and Student Handbook* may be accessed at [www.lit.edu](http://www.lit.edu). Please note that the online version of the *LIT Catalog and Student Handbook* supersedes all other versions of the same document.

## **ACADEMIC DISHONESTY**

Students enrolled in the nursing program at LIT must maintain academic and behavioral expectations consistent with the profession of nursing and in accordance with the nursing program Student Handbook. Standards of *nursing practice include (but are not limited to) behaviors indicating honesty, accountability, trustworthiness, reliability, and integrity*. The inability of a student to consistently conform his/her/their conduct to requirements of the Nursing Practice Act and BON rules and regulations through a single incident or pattern of personal, academic, or other unacceptable behaviors will result in the disciplinary process. The disciplinary process may include verbal counseling, written counseling, and or dismissal from the nursing program.

## **AI STATEMENT**

Lamar Institute of Technology (LIT) recognizes the recent advances in Artificial Intelligence (AI), such as ChatGPT, have changed the landscape of many career disciplines and will impact many students in and out of the classroom. To prepare students for their selected careers, LIT desires to guide students in the ethical use of these technologies and incorporate AI into classroom instruction and assignments appropriately. Appropriate use of these technologies is at the

discretion of the instructor. Students are reminded that all submitted work must be their own original work unless otherwise specified. Students should contact their instructor with any questions as to the acceptable use of AI / ChatGPT in their courses.

### **AI IN NURSING COURSES**

Students are expected to follow course assignment instructions and grading rubrics. Unless otherwise indicated in the assignment instructions, information obtained through AI resources should not be submitted as a student's original work. Unless specifically granted by individual faculty members, students do not have permission to upload faculty intellectual property (PowerPoint Presentations, lecture notes, assignments, course materials, voice or lecture recordings) to any AI platform. Students demonstrating these behaviors or other inappropriate use of AI may be subject to disciplinary process.

### **STARFISH**

LIT utilizes an early alert system called Starfish. Throughout the semester, you may receive emails from Starfish regarding your course grades, attendance, or academic performance. Faculty members record student attendance, raise flags and kudos to express concern or give praise, and you can make an appointment with faculty and staff all through the Starfish home page. You can also login to Blackboard or MyLIT and click on the Starfish link to view academic alerts and detailed information. It is the responsibility of the student to pay attention to these emails and information in Starfish and consider taking the recommended actions. Starfish is used to help you be a successful student at LIT.

### **ADDITIONAL COURSE POLICIES/INFORMATION**

#### **COURSE GRADING AND ASSIGNMENTS**

Class attendance and satisfactory completion of all assignments is essential to be successful in the course.

#### **SHERPATH LESSONS**

Sherpath lessons accompany the pathophysiology textbook and are accessed through the Evolve website using the student login and are linked to the Blackboard® course. Sherpath lessons are assigned in order to reinforce student learning and facilitate review of content previously presented in the Nursing Pathophysiology course. Students will not earn a grade for Sherpath lessons in this course.

#### **AUDIENCE RESPONSE QUESTIONS**

Faculty will utilize an audience response system to ask questions during class. This strategy is utilized to assess class understanding of the content and to promote critical thinking. It is essential for students to come to class prepared and actively engage in the discussion to earn a grade for Audience Response Questions. Grades on Audience Response Questions will be calculated into the course average after a 75% average on all exams is achieved.

## **COURSE EXAMS**

Three unit exams and a comprehensive final exam will be administered during this course. Exams will be taken in person and during class time. Upon entry to the testing room, students must show the official LIT Student ID. The ID must always remain visible on the student's desk during exam administration. The following items are not allowed in the testing room:

- Hats, caps, scarfs, hooded shirts (unless religious covering)
- Food, candy, drinks
- Cell phone, electronic devices, smart watches, smart glasses, recording devices

## **LATE ASSIGNMENTS**

Late assignments are generally not accepted in this course. Group NP and CJ application exercises are due at the end of the class period. Students who are absent and document excused extenuating circumstances (i.e. severe illness or natural disaster) must notify the faculty member of the circumstance prior to class and work collaboratively with faculty prior to the due date on the assignment to develop a plan for submitting the assignment. This collaboration should occur prior to the weekend or school holiday. Assignments will not be accepted late without prior arrangements. Students must be present to earn Audience Response Question grades, and all exams are taken in person. Students who are sick on exam day must notify faculty by email prior to the exam start time. Valid documentation must be provided to the faculty member for arrangements to be made for retaking the exam or an alternate solution as determined by the Nursing Program Director.

## **PERMISSION TO RECORD LECTURES**

Students are not allowed to record (audio or video) lectures or class discussions without the expressed permission of the faculty member. This includes pictures of presentations.

## **CIVILITY**

Learning can be an intimidating experience for some students. It is imperative that students in the AASN program are respectful and civil to student colleagues as well as faculty in order to facilitate a safe and effective learning environment. It is imperative for students to realize that all students do not process information in the same manner or learn information in the same way. The AASN program faculty respect the diversity of our students which includes diversity of learning styles. Civility is maintained when there is order, respect for the teaching and learning process, empathy, and consideration for others. Students are expected to demonstrate civility in the classroom, online environment, and in all face-to-face as well as electronic communications. Demonstrations of uncivil behavior are unacceptable, do not demonstrate attributes of a professional nurse, and may result in initiation of the disciplinary process including but not limited to the student being excused from the experience, course, and potentially the nursing program.

**CALCULATE YOUR GRADE (75% Weighted Grade Rule)**

GRADE	X	PERCENT	=	GRADE POINTS
Exam 1	X	0.25 (25%)	=	
Exam 2	X	0.25 (25%)	=	
Final	X	0.30 (30%)	=	
TOTAL				
				DIVIDE BY 0.8 (80%)
FINAL WEIGHTED EXAM GRADE				