

HPRS_1204_9S1_202590

2 Semester Credit Hours
Dual Credit

PREREQUISITE/CO-REQUISITE:
None



**LAMAR INSTITUTE
OF TECHNOLOGY**

COURSE DESCRIPTION

Introduction to fundamental skills and behaviors necessary for success in health professions. Includes safety, infection control, communication, professionalism, and basic clinical skills.

COURSE OBJECTIVES

Upon completion of this course, the student will be able to

1. Discuss the roles of various health care professionals in the current health care system.
2. Recall the educational background methods of credentialing and licensing requirements of health care professionals on a state and national level.
3. Identify the rights and responsibilities of health care professionals.
4. Identify problem solving skills in a health care situation.
5. Describe legal and ethical issues affecting the practice of health care professionals.
6. Discuss the basic concepts of medical terminology including abbreviations and symbols.
7. Identify vital signs and their normal values.
8. Experience obtaining vital signs through practice.
9. Recognize the principles of infection control in health care.
10. Emergency and safety procedures.
11. Review the principles of CPR.
12. Describe behaviors for job success.
13. Define professionalism.
14. Communication and patient interaction skills.
15. Recognize how computers are utilized in the current health care setting.
16. Describe the personal qualities required for those who hope to pursue a career in the health care profession.
17. Practice universal/standard precautions concepts including hand washing and correct application of PPE.
18. Apply the principles of surgical asepsis in a sterile environment.
19. Perform a physical assessment.
20. Demonstrate the use of medical terminology.
21. Apply problem-solving methods.

INSTRUCTOR CONTACT INFORMATION

Instructor: Shelby Lowe

Email: shelby.lowe@westsabineisd.net

REQUIRED TEXTBOOK AND MATERIALS

Approved: **Initials/date**

Introduction to Health Care 4 th edition by Dakota Mitchell & Lee Haroun, 2017, Thompson Delmar Learning, ISBN# 978-1305575073

- Computer with internet access
- Webcam for taking exams

ATTENDANCE POLICY

1. Be aware of the lab attendance policy.
 - a. Class attendance is crucial. The student must remain in lab until class is dismissed. Leaving the lab early will result in an absence being awarded.
 - b. Laboratory – On the third absence, the student will be dropped one letter grade from his/her final semester average. On the fourth absence, the student will receive an F for the semester. Remember this lab class is only one day per week.
2. Lab attendance is MANDATORY and will be taken every week at the beginning of class. If you are tardy, it is the student's responsibility to inform the instructor to ensure that you are marked present.
3. Excessive tardiness (more than 10 minutes/class) will result in an absence. Also, for every 3 late occurrences, an absence will be awarded.
4. If you are absent from lab, it is your responsibility to contact your instructor and provide documentation of the absence. Several lab assignments/daily grades are participation grades; therefore, if you are absent, a participation grade cannot be earned. Absences without approved documentation prior to class time are not eligible for a makeup assignment.
5. Any missed lab test will be taken the next class day at the instructor's discretion, and you will have 10 points deducted from your test score for that test. You will need to contact the instructor before class to make arrangements for the test to be made up. You will also be responsible for finding a student to volunteer to be your patient if a patient is required for that test.
6. Five (5) points will be added to the lowest lab practical grade for perfect attendance in HPRS 1204 lab (This also means, no excessive tardies.)

DROP POLICY

If you wish to drop a course, you are responsible for initiating and completing the drop process by the specified date as listed in the College Calendar on the [Student Success](#) web page. If you stop coming to class and fail to drop the course, you will earn an "F" in the course.

COURSE EVALUATION

Final grades will be calculated according to the following criteria:

Lecture 55% (Online)
(3) Major Exams (single attempt) 35%
Quizzes Lecture and Lab (unlimited attempts) 10%
Comprehensive Final Exam 10%
Lab 45% (Face to face)
Lab Tests 20% Projects
15% Lab
Assignments 10%

GRADE SCALE

- 90-100 A
- 80-89 B
- 70-79 C
- 60-69 D
- 0-59 F

TECHNICAL REQUIREMENTS

For the latest technical requirements, including hardware, compatible browsers, operating systems, etc., review the Minimum Computer and Equipment Requirements on the [LIT Online Experience](#) page. A functional broadband internet connection, such as DSL, cable, or WiFi is necessary to maximize the use of online technology and resources.

DISABILITIES STATEMENT

The Americans with Disabilities Act of 1990 and Section 504 of the Rehabilitation Act of 1973 are federal anti-discrimination statutes that provide comprehensive civil rights for persons with disabilities. LIT provides reasonable accommodations as defined in the Rehabilitation Act of 1973, Section 504 and the Americans with Disabilities Act of 1990, to students with a diagnosed disability. The Special Populations Office is located in the Eagles' Nest Room 129 and helps foster a supportive and inclusive educational environment by maintaining partnerships with faculty and staff, as well as promoting awareness among all members of the Lamar Institute of Technology community. If you believe you have a disability requiring an accommodation, please contact the Special Populations Coordinator at (409)-951-5708 or email specialpopulations@lit.edu. You may also visit the online resource at [Special Populations - Lamar Institute of Technology \(lit.edu\)](#).

STUDENT CODE OF CONDUCT STATEMENT

It is the responsibility of all registered Lamar Institute of Technology students to access, read, understand and abide by all published policies, regulations, and procedures listed in the *LIT Catalog and Student Handbook*. The *LIT Catalog and Student Handbook* may be accessed at www.lit.edu. Please note that the online version of the *LIT Catalog and Student Handbook* supersedes all other versions of the same document.

ARTIFICIAL INTELLIGENCE STATEMENT

Lamar Institute of Technology (LIT) recognizes the recent advances in Artificial Intelligence (AI), such as ChatGPT, have changed the landscape of many career disciplines and will impact many students in and out of the classroom. To prepare students for their selected careers, LIT desires to guide students in the ethical use of these technologies and incorporate AI into classroom instruction and assignments appropriately. Appropriate use of these technologies is at the discretion of the instructor. Students are reminded that all submitted work must be their own original work unless otherwise specified. Students should contact their instructor with any questions as to the acceptable use of AI/ChatGPT in their courses.

STARFISH

LIT utilizes an early alert system called Starfish. Throughout the semester, you may receive emails from Starfish regarding your course grades, attendance, or academic performance. Faculty members record student attendance, raise flags and kudos to express concern or give praise, and you can make an appointment with faculty and staff all through the Starfish home page. You can also login to Blackboard or MyLIT and click on the Starfish link to view academic alerts and detailed information. It is the responsibility of the student to pay attention to these emails and information in Starfish and consider taking the recommended actions. Starfish is used to help you be a successful student at LIT.

ADDITIONAL COURSE POLICIES/INFORMATION

[Insert additional course policies/information specific to your section here.](#)

Date	Topic	Readings	Assignments
Jan 20, 2026	Week 1: Basic Health Skills & Lab Practice	Assigned Chapters	Lab Skills / Quiz
Jan 27, 2026	Week 2: Basic Health Skills & Lab Practice	Assigned Chapters	Lab Skills / Quiz
Feb 03, 2026	Week 3: Basic Health Skills & Lab Practice	Assigned Chapters	Lab Skills / Quiz
Feb 10, 2026	Week 4: Basic Health Skills & Lab Practice	Assigned Chapters	Lab Skills / Quiz
Feb 17, 2026	Week 5: Basic Health Skills & Lab Practice	Assigned Chapters	Lab Skills / Quiz
Feb 24, 2026	Week 6: Basic Health Skills & Lab Practice	Assigned Chapters	Lab Skills / Quiz
Mar 03, 2026	Week 7: Basic Health Skills & Lab Practice	Assigned Chapters	Lab Skills / Quiz
Mar 10, 2026	Week 8: Basic Health Skills & Lab Practice	Assigned Chapters	Lab Skills / Quiz
Mar 17, 2026	Week 9: Basic Health Skills & Lab Practice	Assigned Chapters	Lab Skills / Quiz
Mar 24, 2026	Week 10: Basic Health Skills & Lab Practice	Assigned Chapters	Lab Skills / Quiz
Mar 31, 2026	Week 11: Basic Health Skills & Lab Practice	Assigned Chapters	Lab Skills / Quiz

Apr 07, 2026	Week 12: Basic Health Skills & Lab Practice	Assigned Chapters	Lab Skills / Quiz
Apr 14, 2026	Week 13: Basic Health Skills & Lab Practice	Assigned Chapters	Lab Skills / Quiz
Apr 21, 2026	Week 14: Basic Health Skills & Lab Practice	Assigned Chapters	Lab Skills / Quiz
Apr 28, 2026	Week 15: Basic Health Skills & Lab Practice	Assigned Chapters	Lab Skills / Quiz
May 05, 2026	Week 16: Basic Health Skills & Lab Practice	Assigned Chapters	Lab Skills / Quiz