# General Psychology (PSYC 2301)

**Credit:** 3 semester credit hours (3 hours lecture)

### Prerequisite/Co-requisite: TSI complete in Reading.

## **Course Description**

General Psychology is a survey of the major psychological topics, theories and approaches to the scientific study of behavior and mental processes.

## **Required Textbook and Materials**

- 1. *Psychological science* (5th ed.). Gazzaniga, M. S., & Heatherton, T. F., D. Halpern (2015). New York: Norton.
  - a. ISBN 978-0-393-93749-7

## **Course Objectives**

Upon completion of this course, the student will be able to:

- 1. Identify various research methods and their characteristics used in the scientific study of psychology.
- 2. Describe the historical influences and early schools of thought that shaped the field of psychology.
- 3. Describe some of the prominent perspectives and approached used in the study of psychology.
- 4. Use terminology unique to the study of psychology.
- 5. Describe accepted approached and standards in psychological assessment and evaluation.
- 6. Identify factors in physiological and psychological processes involved in human behavior.

## **Core Objectives**

- 1. Critical Thinking Skills: To include creative thinking, innovation, inquiry, and analysis, evaluation and synthesis of information.
- 2. Communication Skills: To include effective development, interpretation and expression of ideas through written, oral and visual communication.
- 3. Empirical and Quantitative Skills: To include the manipulation and analysis of numerical data or observable facts resulting in informed conclusions.
- 4. Social Responsibility: To include intercultural competence, knowledge of civic responsibility, and the ability to engage effectively in regional, national, and global communities.

## **Course Outline**

A. Class Introduction & Chapter 1 Introduction to Psychological Science

a. Development of Scientific Foundations of Psychology b. The Application Psychological ScienceB. Chapter 2 Research Methodology

Approved 08/2016

- a. Explaining Scientific Inquiry
- b. The Types of Studies in Psychological Research
- C. Chapter 3 Biology and Behavior
  - a. Genetic Basis of Psychological Science
  - b. Basic Brain Structures and Their Functions
- D. Chapter 4 Consciousness
  - a. Understanding How Is the Conscious Mind Experienced
  - b. Understanding Altered Consciousness
- E. Chapter 5 Sensation & Perception
  - a. Explanation of the way We Sense Our Worlds
  - b. The Basic Perceptual Processes
- F. Chapter 6 Learning
  - a. The Development of Learning Behavioral Study
  - b. Understanding the Biological Basis of Learning
- G. Chapter 7 Attention & Memory
  - a. How Attention Determines What Is Remembered
  - b. The Brain Processes Are Involved in Memory
- H. Chapter 8 Thinking & Intelligence
  - a. How the Mind Represents Information
    - b. How We Understand Intelligence
- I. Chapter 9 Human Development
  - a. Understanding What Shapes a Child

#### Grade Scale

90 - 100%	Α
80 - 89%	В
70 - 79%	С
60 - 69%	D
0 - 59%	F

- b. Understanding What Brings Meaning to Adulthood
- J. Chapter 10 Motivation and Emotion
  - a. Understanding How Motivation Activate, Direct, and Sustain Behavior
  - b. Understanding How People Experience Emotions
- K. Chapter 11 Health and Well-Being
  - a. How Psychosocial Factors Affect Health
  - b. How a Positive Attitude Keeps Us Healthy
- L. Chapter 12 Social Psychology
  - a. How Attitudes Guide Behavior
  - b. How Others Influence Us
- M. Chapter 13 Personality
  - a. Understanding How Psychologists Have Studied Personality
  - b. How Personality is Assessed, and What It Predicts
- N. Chapter 14 Disorders of Mind & Body
  - a. How Mental Disorders Are Conceptualized and Classified
  - Explaining if Personality Disorders are Truly Mental Disorders
- O. Chapter 15 Treating Disorders of Mind & Body
  - a. How Mental Disorders are Treated
  - b. The Most Effective Treatments

#### **PSYC 2301**

Course Syllabus

#### **Course Evaluation**

Final grades will be calculated according to the following criteria:

- 1. Exams50%2. Chapter Discussions /<br/>Chapter Quizzes30%2. Com Account20%
- 3. Core Assessment20%

### **Course Policies**

- 1. No food, drinks, or use of tobacco products in class (includes smokeless dipping, e-cigarettes, and/or vaping).
- 2. Computers, telephones, headphones, and any other electronic devices must be turned off or silenced while in class.
- 3. Do not bring children to class.
- 4. Belligerent, abusive, profane, threatening, and /or inappropriate behavior on the part of students is a violation of the LIT Student Conduct Regulations. Students who are found guilty of such misconduct may be subject to immediate dismissal from the institution. In addition, these violations of state law may also be subject to criminal action beyond the disciplinary process.
- 5. If you wish to drop a course, the student is responsible for initiating and completing the drop process. If you stop coming to class and fail to drop the course, you will earn an 'F' in the course.
- 6. Additional class policies as defined by the individual course instructor.

#### Technical Requirements (for courses using Blackboard)

The latest technical requirements, including hardware, compatible browsers, operating systems, software, Java, etc. can be found online at: <u>https://help.blackboard.com/en-us/Learn/9.1\_2014\_04/Student/015\_Browser\_Support/015\_Browser\_Support\_Policy\_A</u> functional broadband internet connection, such as DSL, cable, or WiFi is necessary to maximize the use of the online technology and resources.

#### **Disabilities Statement**

The Americans with Disabilities Act of 1992 and Section 504 of the Rehabilitation Act of 1973 are federal anti-discrimination statutes that provide comprehensive civil rights for persons with disabilities. Among other things, these statutes require that all students with documented disabilities be guaranteed a learning environment that provides for reasonable accommodations for their disabilities. If you believe you have a disability requiring an accommodation, please contact the Special Populations Coordinator at (409) 880-1737 or visit the office in Student Services, Cecil Beeson Building. You may also visit the online resource at <a href="http://www.lit.edu/depts/stuserv/special/defaults.aspx">http://www.lit.edu/depts/stuserv/special/defaults.aspx</a>

### **Student Code of Conduct Statement**

It is the responsibility of all registered Lamar Institute of Technology students to access, read, understand and abide by all published policies, regulations, and procedures listed in the *LIT Catalog and Student Handbook*. The *LIT Catalog and Student Handbook* may be accessed at <u>www.lit.edu</u> or obtained in print upon request at the Student Services Office. Please note that the online version of the *LIT Catalog and Student Handbook* supersedes all other versions of the same document.