



Introduction to Health Professions (HPRS 1201)

Credit: 2 semester credit hours (2 hours lecture)

Prerequisite/Co-requisite: None

Course Description

An overview of roles of various members of the health care system, educational requirements, and issues affecting the delivery of health care.

Required Textbook and Materials

1. *Health Careers Today* by Judith Gerdin 6th Edition, Evolve Elsevier, ISBN: 978-0-323-28050-1
2. Note taking materials
3. #2 Pencils
4. Scan-Tron form 882

Course Objectives

Upon completion of this course, the student will be able to:

1. Identify the roles of various health care professionals.
2. Outline state and national credentialing and licensing requirements.
3. Describe legal and ethical issues affecting the practice of health care professionals.
4. Give examples of professionalism.
5. Describe the rights and responsibilities of health care professionals.
6. Identify the basic principles of safety, infection control, vital signs and first aid.
7. Recognize how computers are used in today's healthcare settings.

Course Outline

1. Health Care of the Past, Present, and Future
 - A. Health care past
 - B. Socioeconomic factors
 - C. Government acts
 - D. Rising cost of healthcare
 - E. Career ladder
 - F. Milestones in healthcare
 - G. Types of healthcare services
2. Interpersonal Dynamics, Systems, and Communications
 - A. Interpersonal dynamics
 - B. Hierarchy of needs
 - C. Development theories
 - D. Personal health
 - E. Professional appearance
 - F. Time management skills

- G. Problem-solving systems
- H. Leadership
- I. Elements of communication
- J. Non-verbal communication
- 3. Safety, Health, and Environmental Practices
 - A. Safety practices
 - B. Infectious process
 - C. Aseptic technique
 - D. Occupational safety and health administration (OSHA)
 - E. Ergonomics
 - F. Hazards
 - G. Chemical safety
 - H. Equipment maintenance
 - I. Emergency disaster procedures
- 4. Ethics and Legal Responsibilities
 - A. Professional codes of conduct
 - B. Improper ethical behavior
 - C. Confidentiality in health care
 - D. Patient's rights
 - E. Informed consent
 - F. Advance directives
 - G. Telemedicine
 - H. Documenting health care records
- 5. Culture and Health Care
 - A. Cultural competency
 - B. Potential cultural barriers
 - C. interpreters
 - D. Obstacles to cultural competence
 - E. Culturally sensitive questions
- 6. Employability and Career Development
 - A. Professional organization
 - B. Student organizations
 - C. Parliamentary procedures
 - D. Pathways for careers in health occupations
 - E. Career planning
 - F. Resumes'
 - G. Purpose of interview
 - H. Job satisfaction
 - I. Job performance
- 7. Wellness, Growth, and Development
 - A. Level of wellness
 - B. Disease prevention
 - C. Reaction of stress
 - D. Signs of stress
 - E. Stress management

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- F. Physical development of body
- G. Psychosocial development
- H. Models of change theory
- I. Five stages of death
- 8. Professionalism
 - A. Indicators of job readiness
 - B. Indicators of job preparedness
 - C. Considerations in employment choice
 - D. Employment performance evaluation
 - E. Strategies for success in healthcare workplace
- 9. Imaging Careers
 - A. Roles of diagnostic medical health care workers
 - B. Development in field of diagnostic imaging
 - C. Non-radiation imaging
 - D. Performance instruction
- 10. Emergency Health Careers
 - A. Function of modern emergency care
 - B. Roles of emergency personnel
 - C. Levels of care for first aid
 - D. External wounds
 - E. Burns
 - F. Poisoning
 - G. Shock
 - H. Fractures
 - I. Extreme cold and heat
 - J. Stroke
 - K. Seizure
 - L. Performance instruction in emergency health care
- 11. Information and Administration Careers
 - A. Roles of information and administrative health care workers
 - B. Forms used in medical records
 - C. Methods of payment for health care
 - D. Performance instruction in health care information and administration
- 12. Medical Careers
 - A. Roles of medical care providers
 - B. Visual acuity
 - C. Electrocardiograms
 - D. Performance instruction to careers in medicine and relating fields
- 13. Community and Social Service Careers
 - A. Function of community and social service care team
 - B. Roles of community and social service care team members
 - C. Physical and psychological drug dependency
 - D. "At risk" behaviors in substance abuse
 - E. Services provided by community health care agencies
 - F. Performance instruction relating to careers in community and social health care

14. Mental Health Careers

- A. Function of mental health care team
- B. Roles of mental health care team
- C. Psychoneurotic disorders
- D. Psychosis
- E. Mental hygiene
- F. Performance instruction relating to careers in mental health care

15. Rehabilitative Careers

- A. Function of rehabilitative health care team
- B. Role of rehabilitative health care team
- C. Pharmacology
- D. Components of legal drug prescription
- E. Speech pathology
- F. Performance instruction relating to careers in rehabilitative health care

Grade Scale

90-100	A
80-89	B
70-79	C
60-69	D
0-59	F

Course Evaluation

Final grades will be calculated according to the following criteria

Quizzes	25%
Major tests (2)	50%
Comprehensive Final exam	25%

Course Requirements

1. Read assigned chapters
2. Participate in class discussions
3. Complete Homework assignments
4. Complete tests
5. Complete final exam

Course Policies

1. Students must provide their own textbooks, writing instruments, and other necessary supplies for classes
2. All cell phones must be turned off. Absolutely no phones calls, text messaging or other telephone communications during class times.
3. Laptop computers, iPad etc... may be used to take notes during class, but may NOT be used for any other purpose.
4. Absolutely no food, drinks, or gum.
5. Students must respect one another and all faculty members.

6. No children, family members, friends or pets are allowed to attend class with student.
7. Students are expected to attend class. There are no "excused absences." Daily attendance will be taken.
8. All exams will be taken on the scheduled dates. If you will be unable to attend class please notify the Instructor by phone or e-mail. **If absent on test day**, the student will take a make-up examination with a **10 point deduction**. Arrangements to take the make-up test must be made immediately after the student returns to class.
9. Students are expected to follow the Lamar Institute of Technology Code of Conduct and Disciplinary Policy.
10. It is mandatory that you do your own work. Plagiarism or academic dishonesty will not be tolerated and will result in administrative discipline.
11. **Drop/Add/Withdraw.** It is the student's responsibility to make sure you are officially enrolled or dropped from this course. If at any point, you decide to drop the class, it is your responsibility to officially drop (i.e., using proper administrative offices/ paperwork). Any student who stops attending class and does not officially drop the course will be given an "F" as the semester grade.
12. Any violation of the classroom policies may result in the student being asked to leave class and result in an absence.

Exam Policy

1. Everything must be on the floor, i.e. purses, books/book bags, water/drink bottles etc.
2. Students are not allowed to use anything other than their brain to answer questions on the exam.
3. No cell phones or other electronic media on the desk
4. Scratch paper will be provided by the instructor and must be turned in at the end of class
5. If a calculator is required it cannot be programmable and you cannot use your cell phone, instructor has the right to examine all calculators
6. All exams will be taken in pencil on a Scan-Tron from 882 unless informed otherwise by the instructor.
7. All changed answers must be erased completely.
8. Cheating will not be tolerated and will result in immediate failure of the exam.
9. Students must read and abide by the Academic Dishonesty Policy in the LIT Catalog and LIT Student Handbook.

Late Work Policy

Late work will be accepted with a 30 point deduction for every day late.

Instructor:

Ms. McMahon, Instructor III, Allied Health & Sciences Department
Office: Multi-Purpose Center, Room 234
Phone: 839-2936
E-mail: gina.mcmahon@lit.edu

ABSENCES: Students missing class will be responsible for any missed material. Students should try to secure the missed notes from another student in the class.

Disabilities Statement

The Americans with Disabilities Act of 1992 and Section 504 of the Rehabilitation Act of 1973 are federal anti-discrimination statutes that provide comprehensive civil rights for persons with disabilities. Among other things, these statutes require that all students with documented disabilities be guaranteed a learning environment that provides for reasonable accommodations for their disabilities. If you believe you have a disability requiring an accommodation, please contact the Special Populations Coordinator at (409) 880-1737 or visit the office located in the Cecil Beeson Building, room 116.

Starfish

LIT utilizes an early alert system called Starfish. Throughout the semester, you may receive emails from Starfish regarding your course grades, attendance, or academic performance. Faculty members record student attendance, raise flags and kudos to express concern or give praise, and you can make an appointment with faculty and staff all through the Starfish home page. You can also login to Blackboard or MyLIT and click on the Starfish link to view academic alerts and detailed information. It is the responsibility of the student to pay attention to these emails and information in Starfish and consider taking the recommended actions. Starfish is used to help you be a successful student at LIT.



Course Schedule

Week of Semester	Topic	Textbook Reference
Week 1	Introduction- Syllabus- Discussion	
Week 2	Health Care of the Past, Present, Future	Ch 1 p. 3-23
Week 3	Interpersonal Dynamics, Systems, and Communications	Ch 2 p. 24-40
Week 4	Safety, Health, and Environmental Practices	Ch 3 p. 41-61
Week 5	Ethics and Legal Responsibilities	Ch 4 p. 62-73
Week 6	Culture and Health Care	Ch 5 p. 74-85

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Week 7	Employability and Career Development	Ch 6 p. 86-108
Week 8	Wellness, Growth, and Development	Ch 8 p. 133-153
Week 9	Professionalism	Ch 9 p. 154-160
Week 10	Imaging Careers	Ch 27 p. 402-412
Week 11	Emergency Health Careers	Ch 28 p. 413-430
Week 12	Information and Administration Careers	Ch 29 p. 431-448
Week 13	Medical Careers	Ch 32 p. 487- 501
Week 14	Community and Social Services	Ch 36 p. 546-558
Week 15	Mental Health Careers /Rehabilitative Careers	Ch 37/38 p. 559-568, p 569-585
Week 16	Review – Comprehensive Final Exam	