

Nurse Aide for Health Care (NURA 1260)



Credit: 2 semester credit hours (10 hours clinical)

Co-requisite: NURA 1301

Course Description

A health-related work based learning experience that enables the student to apply specialized occupational theory, skills, and concepts. Direct supervision is provided by the clinical professional

Required Textbook and Materials

1. *Hartman's Nursing Assisting, A Foundation in Caregiving* by Diana L. Dugan, RN 4th edition. Hartman Publishing Company
 - a. ISBN number is 978-1-60425-061-9
2. Assigned uniforms and shoes.
3. Manual blood pressure cuff and stethoscope.
4. Watch with a second hand.
5. Black pen and pocket notepad.
6. LIT student ID.

Course Objectives

Upon completion of this course, the student will be able to:

1. Provide basic care to residents in a long-term care facility.
2. Communicate and interact effectively with residents and their families based on sensitivity to psychosocial needs.
3. Assist the residents in attaining and maintaining basic comfort and safety.
4. Protect, support, and promote the rights of the residents.
5. Demonstrate skills in observing and reporting.
6. Function effectively as a member of the health care team.

Course Outline

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| A. Safety and Emergency Procedures | |
| 1. Fainting and Falls | 2. Isolation Precautions |
| 2. Seizures | |
| 3. Clearing the Obstructive Airway | C. Communication |
| 4. Personal Protective Equipment | 1. Communication and Interpersonal Skills |
| 5. Body Mechanics for Nurse Aides | D. Nutrition and Hydration |
| B. Infection Control | 1. Assisting with meals |
| 1. Hand Washing | |

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2. Feeding the Dependent Resident
- E. The Resident's Environment
 1. Making the Unoccupied Bed
 2. Making the Occupied Bed
- F. Basic Nursing Skills
 1. Intake and Output (I&O)
 2. Temperature
 3. Manual Pulse and Respirations
 4. Blood Pressure
 5. Height and Weight
- G. Personal Care
 1. Tub or Shower Bath
 2. Complete Bed Bath
 3. Perineal Care/Incontinent Care Female (With or Without Catheter)
 4. Perineal Care/Incontinent Care Male (With or Without Catheter)
 5. Catheter Care
 6. Brushing the Teeth
 7. Denture Care
 8. Special Mouth Care
 9. Hair Care
 10. Shampooing the Hair
 11. Shaving the Resident
 12. Fingernail Care
 13. Foot Care
 14. Dressing and Undressing the Resident
 15. Applying Knee High Elastic (Compression) Stocking
- H. Elimination Care
 1. Bedpan
 2. Urinal
 3. Urine Specimen Collection
 4. Indwelling Urinary Catheter Care
- I. Caring for Resident Death

1. Postmortem Care

- J. Basic Restoration Services

1. Assisting Resident to Transfer to Chair or Wheelchair
2. Ambulation and Ambulation Aids
3. Passive Range of motion (PROM)

- K. Prevention of Pressure Ulcers

1. Positioning Residents
2. Turning Resident on Side Toward You
3. Moving Resident in Bed
4. Assisting Resident to Sit up on Side the Bed

Grade Scale

90 – 100	A
80 – 89	B
70 – 79	C
60 – 69	D
0 – 59	F

NURA 1301 and NURA 1260 are co-requisites, and must be taken together. A letter grade of D or F, in either course, constitutes a failing grade. If the student receives a failing final grade in either section, he/she is required to repeat both sections.

Course Evaluation

Final grades will be calculated according to the following criteria:

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| 1. Weekly Clinical Skills & Behavioral Evaluations | 75% |
| 2. Quizzes and other course assignments | 25% |

Course Requirements

1. Clinical participation and mastery of the skills listed on the Texas Nurse Aide Performance.
2. Ensuring resident's rights, safety, and comfort at all times.
3. Compliance with all course, attendance, institutional and facility policies.
4. Completion of a criminal background check free of offenses listed in the Texas Health and Safety Code 250.006.
5. A total of no less than 40 clinical hours are required. If the student fails to meet this requirement, a grade of F will be given for the semester.
6. Proof of current American Heart Association CPR for Healthcare Providers certification provided to instructor before attending clinical site.
7. Documentation that is no more than one year old showing a negative TB skin test or an X-ray showing no active TB disease provided to instructor before attending clinical site.
8. Liability insurance coverage obtained before attending clinical site.
9. Assigned uniform and required equipment.
10. Students must be able to physically lift, reposition, and transfer residents.

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11. Students must have the visual and auditory acuity as well as dexterity to take vital signs.

Course Policies

1. Students must come to the clinical site in assigned uniform with LIT name badge clearly displayed and bring required equipment.
2. No profanity will be tolerated at the clinical site.
3. Cell phones and all other electronic devices must be turned off while at the clinical site.
4. No tobacco use is permitted at the clinical site.
5. There are no makeup days for clinical absences.
6. A total of no less than 40 clinical hours are required. Roll will be taken on all clinical days. Tardiness, leaving early and absences will be deducted from the student's total clinical hours.
7. Do not bring children to clinical site.
8. If you wish to drop a course, the student is responsible for initiating and completing the drop process. If you stop coming to clinical and fail to drop the course, you will receive an 'F' for the semester.
9. All students are required to participate in clinical activities, assignments, and post conference.
10. All information regarding residents and their medical information will not be discussed outside the clinical facility and all HIPPA laws will be followed.
11. Students must respect residents, families, visitors, faculty and employees of the facility.
12. Students must abide by all course, attendance, intuitional and facility policies. Failure to do so will result in a disciplinary action form being completed and the student may be sent home for the remainder of the clinical day. Time lost from being sent home will be deducted from the student's total clinical hours.
13. Students will leave the clinical site at the end of the day as a group along with the instructor. At no time may the student leave the facility without the instructor's permission.
14. If a student is unable to physically perform the assigned skills due to a medical issue, he or she must present documentation to the instructor from a doctor granting permission for the student to return to full duty with no restrictions at the clinical site.

Disabilities Statement

The Americans with Disabilities Act of 1992 and Section 504 of the Rehabilitation Act of 1973 are federal anti-discrimination statutes that provide comprehensive civil rights for persons with disabilities. Among other things, these statutes require that all students with documented disabilities be guaranteed a learning environment that provides for reasonable accommodations for their disabilities. If you believe you have a disability requiring an accommodation, please contact the Special Populations Coordinator at (409) 880-1737 or visit the office in Student Services, Cecil Beeson Building.

Course Schedule

Week of	Topic	Reference
Week 1	Pre-Clinical	
Week 2	Pre-Clinical	
Week 3	Pre-Clinical	
Week 4	Orientation, Chart Review, Communication, Uniform Checkoff	
Week 5	Handwashing, Feeding the Dependent Resident, Making the Unoccupied Bed, Personal Protective Equipment, Isolation Precautions	
Week 6	Positioning, Turning, and Moving the Residents, Assisting the Residents to sit up on Side the Bed, Ambulation and Ambulation Aids, Body Mechanics	
Week 7	Showers, Shampooing the Hair, Hair Care, Dressing and Undressing The Resident	
Week 8	Complete Bed Bath, Making the Occupied Bed, Applying Knee High Elastic (Compression) Stockings	
Week 9	Perineal Care/Incontinent Care Male and Female (With or Without Catheter) Indwelling Catheter Care	
Week 10	Bedpan, Urinal, Urine Specimen Collection, Intake and Output	
Week 11	Brushing the Teeth, Denture Care, Special Mouth Care, Height and Weight	
Week 12	Shaving the Resident, Fingernail Care, Foot Care	
Week 13	Assisting the Resident to Transfer to Chair or Wheelchair	

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Week 13 cont.	Passive Range of Motion (PROM)
Week 14	Temperature, Manual Pulse and Respirations Blood Pressure
Week 15	Temperature, Manual Pulse and Respirations Blood Pressure
Week 16	Mock Certification Exam

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Contact Information:

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