# Lamar Institute of Technology Dental Hygiene Program

**DHYG 1260** 

Syllabus/Lab Manual

Spring 2018

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#### **DATES TO REMEMBER:**

MLK DAY/ NO SCHOOL

First Day of Clinic for TR/ (SCREENING) 4 patients only

First Day of Clinic for MW/(SCREENING) 4 patients only

No Clinic for M-W

No Clinic for TR (ADHA/Frisco)

Mid Semester Counseling Week Spring Break

No Clinic/All students required to attend FL Varnish Program

All x-ray requirements are due for both clinics

Last Clinic Day for TR (All Requirements Due)
Last Clinic Day for M-W (All Requirements Due)

Clinic Cleanup End of Semester Counseling

#### \*Deadline for completing all clinic requirements

All clinic requirements **MUST** be met in order to complete this course. All requirements must be met by the **last clinic day**, Failure to complete minimal course requirements will result in an "F" being earned in DHYG 1260. Exclusion from this policy will be at the discretion of the faculty.

#### INTRODUCTORY CLINICAL DENTAL HYGIENE

#### **Course Description**

A health-related work-based learning experience that enables the student to apply specialized occupational theory, skills, and concepts. Direct supervision is provided by the clinical professional.

#### **Clinic Goals**

As outlined in the learning plan, apply the theory, concepts, and skills involving specialized materials, tools, equipment, procedures, regulations, laws, and interactions within and among political, economic, environmental, social, and legal systems associated with the occupation and the business/industry and will demonstrate legal and ethical behavior, safety practices, interpersonal and teamwork skills, and appropriate written and verbal communication skills using the terminology of the occupation and the business/industry.

In addition to the above, upon completion of this course the student will be able to:

- 1. Demonstrate the ability to provide therapeutic dental hygiene care directed towards the treatment of oral disease at Introductory Clinic competency levels as noted in this manual.
- 2. Demonstrate modifications in dental hygiene care for patients with special needs.
- 3. Apply clinical, communication and patient management skills and didactic knowledge to assess needs, formulate, plan and evaluate a comprehensive dental hygiene treatment plan directed towards attaining and maintaining healthy periodontal tissues for individuals with normal gingiva to those with slight periodontal disease as measured by successful completion of two treatment plans.
- 4. Demonstrate the ability to use professional dental terminology in verbal and written communications.
- 5. Demonstrate the ability to maintain dental healthcare records according to industry and HIPAA standards.
- 6. React appropriately when confronted with a specific medical/dental emergency.
- 7. Function as a member of a dental health delivery team within the dental hygiene clinic.
- 8. Demonstrate observable behavior in clinic indicating personal knowledge of the concepts that are necessary to develop a professional and ethical value system for their personal practice of dental hygiene, with specific emphasis on patient rights, access to care and the legal responsibilities of the dental hygienist.

#### **Prerequisites:**

Admittance to the dental hygiene program and DHYG 1401, DHYG 1431, DHYG 1304, DHYG 1227, DHYG 2301, DHYG 1207

Co Requisites: DHYG 2301, DHYG 1219, DHYG 1207

**Credit Hours:** 

2 Credits 8 Clinic/Lab Hours

**Clinic Schedule:** 

Clinic meeting times

Monday/Wednesday: 8:00 a.m. to 12:00 p.m. Tuesday/ Thursday: 1:00 p.m. to 5:00 p.m.

Course Instructor: Lori Rogers, RDH BS

Office: Multi-Purpose Building, Room 213

Phone: 409-839-2947

Clinic Instructors:

Faculty Dentists	Faculty Instructors
Dr. Brian Anyanwu, DDS	Tami Browning, RDH, AAS
Dr. Christy Boudreaux, DDS	Christine Clowe, RDH,AAS,BS
Dr. Dave Carpenter, DDS	Michelle DeMoss, RDH, AAS,BS
Dr. William D. Middleton, DDS	Renee Sandusky, RDH,AAS,BS

#### **Program/Course Policies:**

#### 1. Absenteeism

In order to ensure the students in the dental hygiene program achieve the necessary didactic and clinical competencies outlined in the curriculum, it is necessary that the student complete all assigned lecture classes, clinical and laboratory hours.

If you are unable to attend lecture class, clinic or lab, it is **mandatory that you call the appropriate instructor prior to the scheduled class, clinic or lab time**. The student is responsible for all material missed at the time of absence. Extenuating circumstances will be taken into account. Extenuating circumstances might include: funeral of immediate family member, maternity, hospitalization, etc.

It is expected that students will appear to take their exams at the regularly scheduled examination time. Make-up examinations will be given **only** if the absence is due to illness (confirmed by a physicians' excuse), a death in the immediate family, or at the discretion of the instructor.

#### Fall/Spring Semesters:

Dental hygiene students will be allowed **two** absences in any lecture, clinic or lab. Absences must be accompanied by a written excuse on the next class day. In the event that a student misses class, clinic or lab beyond the allowed absences, the following policy will be enforced:

2 absences = verbal warning

3 absences = written warning with the Disciplinary Action Form (DAF)

4 absences = grade will be lowered one full letter grade

#### **Tardiness**

Tardiness is disruptive to the instructor and the students in the classroom. It is expected that students will arrive on time for class, clinic or lab, and remain until dismissed by the instructor. If tardiness becomes an issue, the following policy will be enforced:

Tardy 1 time = verbal warning
Tardy 2 times is considered an absence.

2. The Americans with Disabilities Act (ADA) The Americans with Disabilities Act of 1992 and Section 504 of the Rehabilitation Act of 1973 are federal anti-discrimination statutes that provide comprehensive civil rights for persons with disabilities. Among other things, these statutes require that all students with documented disabilities be guaranteed a learning environment that provides for reasonable accommodations for their disabilities. If you believe you have a disability requiring an accommodation, please contact the Special Populations Coordinator at (409) 880-1737 or visit the office in Student Services, Cecil Beeson Building.

#### **Teaching Methodology:**

- 1. One-on-one instruction
- 2. Demonstration
- 3. Individual practice
- 4. Observation and feedback

#### **Required Texts:**

- Wilkins, E. (2017). Clinical Practice of the Dental Hygienist (12<sup>th</sup> ed.). Philadelphia: Lippincott
   Williams and Wilkins. ISBN: 978-1-4511-9311-4
- Nield-Gehrig, J. (2017). Fundamentals of Periodontal Instrumentation (8<sup>th</sup>ed.). Philadelphia:
   Wolters Kluwer Health/ Lippincott Williams & Wilkins. ISBN: 9781496320209
- 3. Current Drug Reference Book (required for Pharmacology)

#### **Required Materials:**

Students are required to have all of the instruments and supplies listed in the Student Handbook. It is your responsibility to make sure you do not run out of gloves, masks and any other student purchased supplies.

#### **Evaluation Criteria**:

#### **Minimal Competency and Letter Grade**

The requirements for each grade are specified on pages 8 and 9 of this manual. Each student must meet at least "minimal competency" at the "C" level. There are different levels of achievement designated for each letter grade. The responsibility for learning is in the hands of the student and the different levels of achievement are meant to identify those who strive for excellence in the clinical setting. Skill evaluations and Competencies will receive a grade of A or U.

\* A=Acceptable, U=Not Acceptable

Course Requirements	LETTER GRADE		
All course requirements must be completed successfully	А	В	С
Competencies			
nstrument Recirculation and Clinic Readiness	yes, first try	yes, first try	yes
Patient Assessment	yes	yes	yes
Pedodontic Patient	yes	yes	yes
Written Evaluations			
Radiographic Evaluation (Standard films)	yes, first try	yes	yes
Radiographic Evaluation (Panoramic film)	yes	yes	yes
Skill I	Evaluations		
Mirror and explorer for calculus detection	yes	yes	yes
Sickle scaler	yes	yes	yes
Universal curet	yes	yes	yes
Periodontal Debridement	yes	yes	yes
Using the slow speed handpiece	yes	yes	yes
Instrument sharpening	yes	yes	yes
Patient education (3 sessions)	yes	yes	yes
Patient Requirements (Continued on next p	page)		
	А	В	С
Points in Class 1 and/or 2 patients	12	10	10
Points in Class 3 patients	9	9	6
LIT Periodontal Case 1	5	4	3
LIT Periodontal Case 2	2	2	2

<sup>\*</sup> The student may choose which option to follow to obtain the correct number of points for the grade they want to achieve. The options cannot be modified in any way or combined.

<sup>&</sup>lt;sup>1</sup> Copies of all Skill and Competency Evaluations and instructions are provided in the Introductory Clinic Manual.

REQUIREMENTS	LETTER GRAD	E		
(Continued from previous page)	А	В	С	F
Assessment Instruments: Med/dent history, oral exams, periodontal assessment, dental charting(one DC must be a child, primary or mixed dentition)	8	7	6	
Full periodontal charting (Instructor approves patient)	1 Quadrant	1 Quadrant	1 Quadrant	
Polishing or biofilm free	8	7	6	
Full mouth radiographic surveys (at least 1 must be digital)	3	3	3	
Bite-wing surveys (1) standard, (2) digital (1- sensors, 1-plates)	3	3	3	
Pedodontic or mixed full mouth survey*	1	1	1	
Pedodontic or mixed bite-wing survey*	1	1	1	
Panoramic films	1	1	1	
Written care plans on designated patients	3	2	2	
Community Service hours <sup>†</sup> / minimum per semester	3	3	3	

<sup>\*</sup> At least one survey (FMX or BWX) will be taken on a child patient the remaining survey may be taken on a pedodontic manikin.

#### **Dental Hygiene Care Plans**

- 1. This semester's requirements include two (2) or three (3) acceptable (grade of 75 or better) dental hygiene care plans.
  - A. One for the patient who will be involved in the Patient Education Skill Evaluations.
  - B. One for a class 3 or a lesser classed patient **approved by an instructor.**
  - C. One on a third patient if you are working towards a grade of "A" in this course (any class approved by an instructor).
- 2. All care plans will be graded by the student's clinical advisor, unless otherwise indicated.

<sup>†</sup> Community Service hours are a clinic requirement and must be completed by the last clinic day. You are required to do a minimum of 3 hrs. each semester. The total hrs. required to graduate is 20. This means you have to do an additional 8 hrs. sometime before gradation,

# **APPENDICES**

# APPENDIX 1 SKILL EVALUATIONS

#### **Skill Evaluations**

- Instructions for the Skill Evaluations are located with the evaluation forms in this appendix.
- Skill evaluations cannot be done during any make-up clinic time.
- Skill Evaluations may be attempted up to three times.
- Skill Evaluation forms should be available to instructors at all times during clinic.
- All Skill Evaluations must be successfully completed in order to complete DHYG 1260.

#### **Time Allotment for Skill Evaluations**

		Time
1.	Using the Mirror and Explorer for Calculus Detection*	30 minutes
2.	Sickle Scalers*	30 minutes
3.	Universal Curet*	30 minutes
4.	Use of the Slow Speed Handpiece	30 minutes
5.	Patient Education	30-45 minutes
6.	Instrument Sharpening	30 minutes
7.	Periodontal Debridement (two quadrants)	2 hours

<sup>\*</sup>The following skill evaluations MUST be passed prior to attempting the Periodontal Debridement Skill Evaluation

- 1. Using the Mirror and Explorer for calculus detection
- 2. Sickle Scalers
- 3. Universal Curet

Skill evaluations cannot be performed on any student enrolled in the dental hygiene program. Prior approval must be obtained from the clinic coordinator if a student wants to perform a skill evaluation on a practicing dentist or dental hygienist.

<sup>\*</sup>Students will be allowed 3 attempts at each skill evaluation or competency.

#### **Anterior and Posterior Sickle Scalers**

#### **Patient Requirements**

- 1. Adult over the age of 18 or at the discretion of the instructor.
- 2. Prophy Class II or III
- 3. An instructor must approve a patient for this evaluation.

#### **Student Instructions**

- 1. Inform your instructor if you think your patient will be suitable for this skill evaluation.
- 2. Plan for the evaluation and sign up for it on the clinic sign-up sheet.
- 3. Review the following information:

#### **Initial Use of the Sickle Scalers**

General Management

- Utilizes time effectively and efficiently
- Utilizes mirror effectively
- Maintains correct patient/operator positioning.
- Adjust the dental light for maximum illumination.
- Uses current infection control procedures.
- Uses air and evacuation equipment effectively.
- Preparation of operatory is appropriate for procedure.
- Selects appropriate instruments and maintains sharpness.
- Professional judgment and ethical behavior demonstrated by:
  - Providing for patient comfort
  - o Providing proper patient communication
  - o Accepting constructive criticism
  - Adapting to new situations
  - o Instilling confidence in the patient
  - Explaining procedures to the patient
  - o Exhibiting the self-confidence necessary to perform the procedure

#### Grasp

- Holds with index finger and thumb pads opposite each other
- Stabilizes instrument with pad of middle finger.
- Maintains contact between index, middle and ring (fulcrum) fingers.
- Maintains contact with fingers when adjusting finger positions for optimal instrument adaptation.
- Maintains the handle distal to the second knuckle of the index finger and proximal to the "V" of the hand at all times.
- Uses a light grasp with all exploratory strokes.

#### **Fulcrum:**

- Establishes and maintains a high stable fulcrum to avoid hand collapse.
- Establishes on occlusal or incisal surfaces, embrasure area, and/or extra-oral
- Positions as close to work area as possible.
- Uses constant, equal pressure.

#### **Instrument Positioning:**

Determines the correct working end and cutting edge.

- Adapts the side of the tip 1/3 flush with the tooth surface at the gingival margin or under supragingival calculus deposit.
- Insertion to the CEJ, if necessary. Close the face of the blade (flat) against the tooth surface and insert until the side of the tip 1/3 is positioned under the ledge of the calculus deposit.

#### **Instrument Activation:**

- Angulate the cutting edge correctly and lock the tip into the tooth.
- Tighten grasp and increase lateral pressure using thumb, index and/or middle finger.
- Initiate short, powerful 2 mm stroke in a coronal direction to remove deposit.
- Relax grasp, close blade, if necessary, and reposition blade to continue removing deposit in each scaling zone.
- Use correct wrist/arm/hand motion to produce vertical, oblique and/or horizontal strokes
- Use no independent finger motion.
- Pivot on fulcrum finger to adapt to facial or lingual surfaces.
- Roll the instrument between index finger and thumb to maintain instrument adaptation when entering the interproximal areas.
- Maintain the lower shank as close to parallel as possible with the long axis of the tooth.
- Move the instrument in the direction the tip faces.

- 1. Identify patients that meet the criteria for this skill evaluation.
  - a. Class II or III (If light enough)
  - b. Adequate supra and subgingival calculus to evaluate debridement technique
- 2. Observe the student's technique in both anterior and posterior areas
- 3. The student removes enough deposit to pass the quadrant
- 4. Record any feedback on the Skill Evaluation form

LIT Dental Hygiene Program					
		Skill Evaluation	1		
		Sickle Scalers			
LIT Competency Statement  12. Provide specialized treatment that includes preventive and therapeutic services designed to achieve and maint oral health. a. Perform dental hygiene interventions to eliminate and/or control local etiologic factors to prevent and control caries, periodontal disease, and other oral conditions. b. Control pain and anxiety during treatment through the use of accepted clinical and behavioral techniques.				etiologic factors to prevent and control	
Student			Date		
Instructor			Periodontal Case	0 I II III IV	
Patient			Prophy Class	1 2 3 4 5 6 7 8	
			Grade	Not Acceptable Acceptable	

	e student, in accordance with the standards set forth by the ADA and the ntal Hygiene Program, has demonstrated the following criteria.	Critical Error	Yes	No
1	Utilize accepted infection control procedures	Yes		
2	Apply basic and advanced principles of dental hygiene instrumentation	No		
3	Maintain patient records as instructed	No		
4	Obtains informed consent prior to treatment	Yes		
5	Maintain student records as instructed	No		
6	Appropriate application of professional knowledge, judgment and skills by the student while providing patient care	Yes		
7	Demonstrate the ability to communicate professional knowledge verbally and in writing	No		
8	Maintain sharp well contoured instruments	No		
9	Successfully removes deposits (passes quadrant)	Yes		
		1		

Comments:

#### Patient Education Skill Evaluation (Three Sessions)

#### **Patient Requirements**

- 1. An RDH instructor MUST designate and/or approve your choice of patient for this evaluation.
- 2. Adult over the age of 18
- 3. At least 16 teeth (An Instructor may approve a patient with fewer teeth if deemed appropriate).
- 4. Any prophy or periodontal classification is acceptable
- 5. The patient must present with educational needs that exceed simple homecare instructions consisting of brushing and flossing techniques. Some examples of this would be: the need for instruction with auxiliary aids to clean fixed bridges, extensive caries involvement, active periodontal disease (not gingival), and multiple small problems combined with a major lack of dental awareness, etc.

#### **Student Instructions**

- 1. A formal written treatment plan is required for this patient.
- 2. The skill evaluation consists of successful completion of three patient educations sessions observed by a DH faculty member.
- 3. Sign up for your education sessions on the clinic sign-up sheet
- 4. Refer to information from Preventive Dentistry to plan and organize your sessions.

- 1. Identify a patient whose educational needs exceed simple home care instructions consisting of brushing and flossing techniques.
  - a. Some examples include: The need for instruction with auxiliary aids to clean fixed bridges, extensive caries involvement, periodontal disease, fixed orthodontic appliances, multiple small problems combined with a major lack of dental awareness, etc.
- 2. Observe the patient education sessions and provide feedback on the skill evaluation form.

LIT Dental Hygiene Program					
		Skill Evaluation	n		
		Patient Education Firs	t Session		
LIT	2.	Assume responsibility for dental hygiene actions and care based on	accepted scientific theor	ies and research as well as the accepted standard	
Competency	4.	of care.	anulations both workally	and in uniting	
Statements	10.	Communicate effectively with individuals and groups from diverse p Diagnosis - Use critical decision making skills to reach conclusions a			
	10.	data.	about the patient's denta	nygiene needs based on an available assessment	
	11 c	. Establish a collaborative relationship with the patient in the planned	care to include etiology	prognosis and treatment alternatives	
	12.	Implementation - Provide specialized treatment that includes pre		•	
		health.			
		a. Perform dental hygiene interventions to eliminate and/or contro	ol local etiologic factors t	o prevent and control caries, periodontal disease,	
		and other oral conditions.			
	13.	Evaluation - Evaluate the effectiveness of the implemented clinical,	preventive, and education	nal services and modify as needed.	
		a. Determine the outcomes of dental hygiene interventions using in	ndices, instruments, exam	ination techniques, and patient self-report.	
Student			Date:		
Instructor			Periodontal Case	0 I II III IV	
Patient			Prophy Class	0 1 2 3 4 5 6 7 8	
	-				
			Grade	Not Acceptable	
				Acceptable	
The student, ir	The student, in accordance with the standards set forth by the ADA and the Dental Hygiene Program, has Critical Voc				

	student, in accordance with the standards set forth by the ADA and the Dental Hygiene Program, has onstrated the following criteria.	Critical Error	Yes	No
1	Utilize accepted infection control procedures	Yes		
2	Apply basic and advanced principles of dental hygiene instrumentation	No		
3	Maintain patient records as instructed	No		
4	Obtain informed consent prior to treatment	Yes		
5	Record <u>detailed</u> description of education session in progress notes	Yes		
6	Maintain student records as instructed	No		
7	Appropriate application of professional knowledge, judgment and skills by the student while providing patient care	Yes		
8	Demonstrate the ability to communicate professional knowledge verbally and in writing	Yes		
9	Assess the needs of the patient and help the patient determine dental health goals	Yes		
10	Prepare an individualized patient education plan	Yes		
11	Assist the patient in assessing their own level of home care proficiency	No		
12	Emphasize patient responsibility in health care partnership	No		
13	Involve patient and provide positive reinforcement	No		
14	Review the session, evaluate any skill performance, preview the next session	No		

Comments:

LIT Dental Hygiene Program						
	Skill Evaluation					
	Patient Education Sec	cond Session				
LIT Competency Statements	2. Assume responsibility for dental hygiene actions and care based on accepted scientific theories and research as well as the accepted standard of care.  The property of the property o					
Student		Date				
Instructor		Periodontal Case	O I II III IV			
Patient		Prophy Class	0 1 2 3 4 5 6 7 8			
		Grade	Not Acceptable Acceptable			

	student, in accordance with the standards set forth by the ADA and the Dental ene Program, has demonstrated the following criteria.	Critical Error	Yes	No
L	Utilize accepted infection control procedures	Yes		
)	Apply basic and advanced principles of dental hygiene instrumentation	No		
3	Maintain patient records as instructed	No		
4	Record <u>detailed</u> description of education session in progress notes	Yes		
5	Maintain student records as instructed	No		
6	Appropriate application of professional knowledge, judgment and skills by the student while providing patient care	Yes		
7	Demonstrate the ability to communicate professional knowledge verbally and in writing	Yes		
8	Review goals and progress towards meeting goals	Yes		
9	Assist the patient in assessing their own level of home care proficiency	No		
10	Emphasize patient responsibility in health care partnership	No		
11	Involve patient and provide positive reinforcement	No		
12	Review the session, evaluate any skill performance, preview the next session	No		

12	Review the session, evaluate any skill performance, preview the next session	No	
Com	ments:		

	LIT Dental Hygiene Program						
	Skill Evaluation						
	Patient Education Third Session						
LIT	T All previous statements and:						
Competency	13. b. Evaluate the patient's satisfaction with the oral health care r		ealth status achieved.				
Statements							
	d. Develop and maintain a health maintenance program.	I					
Student		Date					
Instructor		Periodontal Case	O I II III IV				
Patient		Prophy Class	0 1 2 3 4 5 6 7 8				
			Not Acceptable				
		Grade	Acceptable				

	U	aue	Acceptable		
Thor	student, in accordance with the standards set forth by the ADA and	the Dontal	Critical		
	ene Program, has demonstrated the following criteria.	the Dental	Error	Yes	No
1	Utilize accepted infection control procedures		Yes		
2	Apply basic and advanced principles of dental hygiene instrumer	No			
3	Maintain patient records as instructed		No		
4	Record <u>detailed</u> description of education session in progress not	es	Yes		
5	Maintain student records as instructed		No		
6	Appropriate application of professional knowledge, judgment and skills by the student while providing patient care				
7	Demonstrate the ability to communicate professional knowledge writing	e verbally and ir	1 Yes		
8	Review goals and progress towards meeting goals		Yes		
9	Assist the patient in assessing their own level of home care profi	ciency	No		
10	Emphasize patient responsibility in health care partnership		No		
11	Involve patient and provide positive reinforcement		No		
12	Review all sessions, evaluate skill performance, review referrals, progress towards achieving both and set up recare schedule	goals and	Yes		
			'		
Comi	ments:				

#### **Instrument Sharpening Skill Evaluation**

#### **Patient Requirements**

1. None.

#### **Student Instructions**

- 1. Evaluation may be done during non-productive (cancellation) time
- 2. You need to have dull instruments to sharpen
- 3. Schedule the skill evaluation on the clinic sign-up sheet
  - a. This evaluation may be done without signing up if an instructor is available
- 4. Review the following prior to the skill evaluation:

#### **General Principles:**

- Works in a well-lighted area.
- Holds instrument in stable position.
- Sits with both feet flat on the floor.
- Uses the light and magnifying glass (if necessary) to examine the cutting edge.

#### Grasp:

- Holds instrument with the appropriate grasp for the technique.
- Grasps stone with thumb (directed towards the student) contacting one side and three fingers
  positioned in a line on top of each other on the other side.

#### **Positioning of Instrument:**

- Positions face of instrument blade horizontal (parallel) to the floor.
- Places stone surface and face of the blade at a 90° angle to each other. (12 o'clock position, stone).
- Tilts top of stone out to achieve a clock position of 11:30 or 12:30 in relationship to the blade face depending on the cutting edge to be sharpened.
- Applies light-medium pressure on down stroke using one stroke per second
- Up stroke consists of very light contact to instrument edge without removing stone form blade in order to maintain a proper angulation.
- Demonstrates techniques to round the toe of a curet (stone at 2:00) and round the back of a curet.

#### **Evaluation:**

- Sharpened blade removes material from testing sticks with light pressure on stroke.
- Sharpened cutting edge does not reflect light when examined with magnifying glass and/or light source.
- Original form of the instrument is preserved

- 1. Determine that the instruments are at least slightly dull.
- 2. Observe the student's sharpening technique on one anterior sickle scaler, a universal curet and either the Gracey 13/14, 15/16 or the 17/18.
- 3. Evaluate the instrument to determine if the cutting edge is sharpened and if the original shape of the instrument was maintained.
- 4. Record any feedback on the evaluation form.

	LIT Dental Hygiene Program				
	Skill Evaluation				
	Instrument Sharpening				
LIT Competency Statements	<ul> <li>2. Assume responsibility for dental hygiene actions and care based on accepted scientific theories and research as well as the accepted standard of care.</li> <li>6. Evaluate and utilize methods to ensure the health and safety of the patient and the dental hygienist in the delivery of dental hygiene.</li> </ul>				
Student		Date			
Instructor		Periodontal Case	N/A O I II III IV		
Patient		Prophy Class	N/A 0 1 2 3 4 5 6 7 8		
All three must be completed	Anterior sickle scaler Universal curet (SYG7/8 or SC13/14) or SL17/18 Gracey – (one only) 13/14,15/16, 17/18	Grade	Not Acceptable Acceptable		

	ne student, in accordance with the standards set forth by the ADA and the Dental Hygiene rogram, has demonstrated the following criteria.			No
1	Utilize accepted infection control procedures	Yes		
2	Apply basic and advanced principles of dental hygiene instrumentation	No		
3	Maintain clinic and laboratory records as instructed	Yes		
4	Appropriate application of professional knowledge, judgment and skills by the student while providing patient care	Yes		
5	Demonstrate the ability to communicate professional knowledge verbally	No		
6	Use an accepted sharpening procedure	Yes		
7	Maintain the original design of the instrument	Yes		
8	Produce a sharp edge as determined by test stick and/or visual glare test	Yes		

Comments:

#### Using the Mirror and Explorer for Calculus Detection Skill Evaluation

#### **Patient Requirements**

- 1. This patient must be approved by an RDH instructor
- 2. Adult over the age of 18
- 3. Must have at least 24 teeth
- 4. Prophy Class III, we are looking for <u>at least</u> 8 easily discernible <u>subgingival</u> calculus deposits in two quadrants
- 5. Periodontal case 1 or 2
- 6. You should be able to use this patient for your Scaling Skill Evaluation, so plan accordingly!

#### **Student Instructions**

Two instructors will chart the location of calculus on this patient, be sure to account for this when determining when to do this evaluation because you must have the charting done before you attempt the skill evaluation. The instructors must chart calculus prior to your scheduled evaluation. It is preferable and strongly recommended to have this completed prior to the <u>date</u> of the Skill Evaluation.

- 1. Have your instructor identify the two quadrants you will be charting calculus for the skill evaluation, usually one maxillary and one mandibular but any combination is acceptable.
  - You may decide to chart the **other** quadrants for practice prior to the skill evaluation
- 2. Complete all assessment examinations on this patient except for the calculus detection.
- 3. Sign up for the skill evaluation on the clinic sign-up sheet
- 4. Two instructors will complete their own calculus charting for the identified quadrants prior to your evaluation.
- 5. Complete calculus charting on the identified quadrants while your instructor observes your technique.
- 6. Your evaluation will be based on your technique and your ability to identify at least 80% of the calculus deposits your instructors agreed on. In addition, students may be penalized for inaccurately identifying calculus deposits on tooth surfaces which have been determined to be free of calculus by both instructors.
- 7. Your instructor is allowed to remind you to check the working end of the explorer once if you are using the incorrect end. The second time you are told you will have failed the evaluation.
- 8. Review the following prior to the evaluation:

#### Mirror

- Demonstrate proper grasp.
- Demonstrate proper fulcrum area.
- Demonstrate proper use of mirror in area.
- Avoid resting mirror on attached gingiva and hitting teeth with mirror

#### **Explorer**

#### Grasp

- Holds with index finger and thumb pads opposite each other
- Stabilizes instrument with pad of middle finger.
- Maintains contact between index, middle and ring (fulcrum) fingers.
- Maintains contact with fingers when adjusting finger positions for optimal instrument adaptation.
- Maintains the handle distal to the second knuckle of the index finger and proximal to the "V" of the hand at all times.
- Uses a light grasp with all assessment strokes.

#### **Fulcrum**

- Establishes and maintains a high stable fulcrum to avoid hand collapse.
- Establishes on occlusal or incisal surfaces, embrasure area, and/or extraoral.

- Positions as close to work area as possible.
- Uses constant, equal pressure.

#### **Instrument Positioning**

- Determines the correct working end.
- Prepares for explorer insertion by positioning the side of the tip at the gingival margin at an oblique angle to the epithelial attachment.

#### **Instrument Activation**

- Initiates vertical, oblique or horizontal strokes to the base of the sulcus/pocket from the stable fulcrum.
- Uses no independent finger motion.
- Rolls instrument between thumb and index finger to move the explorer obliquely/vertically along the buccal/labial or lingual surfaces.
- Rolls the instrument between index finger and thumb to maintain instrument adaptation when entering the interproximal areas.
- Uses correct wrist/arm/hand motion to produce vertical, oblique and/or horizontal strokes.
- Maintains the lower shank as close to parallel and possible to the long axis of the tooth.
- Instrument adaptation is maintained throughout exploring procedure (side of tip adapted to the tooth surface).
- Moves the instrument in the direction the tip faces.
- Uses short 2 mm overlapping strokes to explore the entire sulcus from the marginal gingiva to the epithelial attachment.
- Keeps explorer strokes within the sulcus.

- 1. Identify a Class III patient for this skill evaluation
- 2. Two instructors will complete calculus charting on the identified quadrants or on the whole mouth if trying to determine which quadrants are most appropriate. Instructors will also note surfaces they feel have NO calculus deposits (use red for deposits and blue for deposit free surfaces).
- 3. Observe the students as they explore all areas of the two quadrants identified for the skill evaluation and then compare the students' charting to the charting agreed on by the two instructors. You may inform the student one time only to check their working end. You will tell them this when they have completed an entire surface (either towards or away) without self-correcting. The second time you have to tell them to check their working end after they have completed an entire surface (either towards or away) without self-correcting, they have failed the evaluation.
- 4. The student's technique must be satisfactory according to the stated criteria <u>and</u> they must have identified at least 80% of the agreed upon areas of calculus. In other words, the student may find 100% of the deposits but use an inappropriate technique and still fail the evaluation. The student may inaccurately note calculus on calculus free surfaces up to a maximum of 50%. After this, for every surface incorrectly identified with calculus one surface correctly identified will be dropped.
- 5. Record any feedback on the evaluation form

	LIT Dontal Hygiana Program								
			LIT Dental Hygiene Prograi <b>Skill Evaluation</b>	П					
Using the Mirror and Explorer for Calculus Detection									
LIT Competen Statement	9. Systematically collect, analyze, and record data on the general, oral, and psychosocial health status of a variety of patients.  a. Select, obtain, and interpret diagnostic information recognizing its advantages and limitations.  b. Recognize predisposing and etiologic risk factors that require intervention to prevent disease.  f. Perform a comprehensive examination using clinical, radiographic, periodontal, dental charting, and other data collection procedures to								
Student			a. Determine the datesines of deficial hygiene interventions asing marces,	Date		14400, 411	и ри	tient sen rep	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
Instructor				Periodontal Case	0	1 11	I	II IV	
Patient (Cl	lass 3)			Prophy Class	0	1 2 3	4 5	6 7 8	
				Grade		lot Acc		able	
								1	
			dance with the standards set forth by the ADA and the De e following criteria.	ntal Hygiene Program,	•	Critic Erro		Yes	No
1	Utilize	e ac	cepted infection control procedures			Yes	5		
2	Apply	bas	ic and advanced principles of dental hygiene instrumental	tion					
3	Maintain patient records as instructed					No			
4	Obtai	n in	formed consent prior to treatment			Yes	6		
5	Maintain student records as instructed					No			
6	Appropriate application of professional knowledge, judgment and skills by the student while providing patient care								
7	Demo	nst	rate the ability to communicate professional knowledge ve	erbally and in writing		No	ı		
8	Choos	se t	ne correct working end of the EXD 11/12 explorer			Yes	6		
9	Keep	the	lower shank as parallel as possible with the long axis of th	e tooth		No			
10	Use ro	otar	y motion and a walking stroke			No	ı		
11	Effect	ive	y roll the instrument into the interproximal area and unde	r the contact		Yes	5		
12	Maint	ain	the tip one third of the instrument adapted to the tooth s	urface		Yes	6		
13	Use an effective mirror fulcrum								
14	Avoid resting the mirror on the attached gingiva					No			
15	Inaccurately identifies calculus free surfaces as having calculus 50% # over  Total penalty								
16	Detec	t 80	% of the calculus in the two quadrants			Yes	6		
								ı	
Comments	s:								

#### **Periodontal Debridement Skill Evaluation**

#### **Patient Requirements**

- 1. Adult over the age of 18
- 2. At least 24 teeth
- 3. Prophy Class III, Periodontal Case Type 1 or 2
  - Rarely an Periodontal Case Type 3 may be approved
- 4. At least eight (8) subgingival easily discernible calculus deposits in two (2) quadrants
  - See instructor instructions

#### **Student Instructions**

- 1. Have an instructor identify an appropriate patient for this evaluation
  - a. Usually the patient you used for the calculus detection evaluation is appropriate
- 2. Have an instructor identify the two quadrants you will be treating
- 3. Make sure you have successfully completed the following:
  - a. Using the Mirror and Explorer for Calculus Detection
  - b. Anterior and Posterior Sickle Scalers
  - c. Universal Curet
- 4. Sign up for the evaluation on the clinic sign-up sheet
  - a. Determine the amount of time you will need to sign up for with the instructor who will be working with you
  - b. You have two (2) hours to complete the evaluation but the instructor will not be watching you for the entire time
- 5. Two (2) instructors must chart your designated quadrants for calculus if not already completed
- 6. Get a start time from your instructor before you start and inform the instructor if you or your patient has to have a "break" during the treatment
- 7. You will be given a copy of the chart showing the specific calculus deposits to be removed for this evaluation. If you are not given the chart, ASK for it.
- 8. Start the evaluation and good luck!

- 1. Identify an appropriate patient for the evaluation
  - a. The deposits may or may not be "clickable", but should be distinct and easily detectable
  - b. The calculus deposits must have been agreed upon by two (2) instructors
- 2. Two (2) instructors will calculus chart the indicated quadrants and produce a guide for the student showing the location of each agreed upon deposit
  - a. There should be eight to no more than 10 deposits that the student will be required to remove <u>completely</u> for this evaluation
  - b. Use your professional judgment to determine which deposits will be counted while making up the guide form
- 3. Students sign-up for about 30 minutes of time on the clinic sign-up sheet or more if necessary
- 4. Observe the student's scaling technique
- 5. Two (2) instructions will check scaling (all surfaces of both quadrants); remaining deposits agreed upon by both instructors' will count as errors for this evaluation
- 6. <u>All deposits</u> not removed during the evaluation will count for the quadrant grade on the CER
- 7. Record any feedback on the evaluation form

LIT Dental Hygiene Program						
		Skill Evaluatio				
		Periodontal Debridement (Two Qua				
	Competency Statements  12. Provide specialized treatment that includes preventive and therapeutic services design health.  a. Perform dental hygiene interventions to eliminate and/or control local etiologic fact periodontal disease, and other oral conditions.  b. Control pain and anxiety during treatment through the use of accepted clinical and be Evaluate the effectiveness of the implemented clinical, preventive, and educational services and periodontal disease.  a. Determine the outcomes of dental hygiene interventions using indices, instruments, patient self-report.		tors to prevent behavioral te ervices and m	nt and contro chniques. odify as need	ol caries,	
Stude	nt		Date			
Instru	ctor		Periodontal Case	0 1 11	III IV	
Patier	nt		Prophy Class	0 1 2 3 4	15678	
		Start Time: End Time:	Grade	Not Acce Acceptal		
The student, in accordance with the standards set forth by the ADA and the Dental Hygiene Program, has demonstrated the following criteria.					Yes	No
1	Utilize	accepted infection control procedures		Yes		
2	Apply	basic and advanced principles of dental hygiene instrument	tation	No		
3	Mainta	ain patient records as instructed		No		
4	Obtain	informed consent prior to treatment		No		
5	Mainta	ain student records as instructed		No		
6		priate application of professional knowledge, judgment and providing patient care	d skills by the student	Yes		
7	Demoi	nstrate the ability to communicate professional knowledge	verbally and in writing	No		
8	Remov	ves indicated calculus from specified teeth leaving no more	than 3 deposits	Yes		
9	Compl	etes in a two hour time period		Yes		
Comn	nents:					

#### **Universal Curet Skill Evaluation**

#### **Patient Requirements**

- 1. Adult over the age of 18
- 2. Prophy Class III and instructor approval
  - Rarely a Prophy Class II may be approved
- 3. Periodontal Case Type 1 or 2
- 4. Adequate calculus to observe both anterior and posterior instrumentation techniques

#### **Student Instructions**

- 1. Have an instructor identify an appropriate patient
- 2. Sign up for the skill evaluation on the clinic sign-up sheet
- 3. Perform periodontal debridement with the universal curet in both anterior and posterior areas
- 4. Review the following prior to the evaluation:

#### Grasp

- Holds with index finger and thumb pads opposite each other
- Stabilizes instrument with pad of middle finger.
- Maintains contact between index, middle and ring (fulcrum) fingers.
- Maintains contact with fingers when adjusting finger positions for optimal instrument adaptation.
- Maintains the handle distal to the second knuckle of the index finger and proximal to the "V" of the hand at all times.
- Uses a light grasp with all exploratory strokes.

#### **Fulcrum**

- Establishes and maintains a high stable fulcrum to avoid hand collapse.
- Establishes on occlusal or incisal surfaces, embrasure area, and/or extraoral.
- Positions as close to work area as possible.
- Uses constant, equal pressure.

#### **Instrument Positioning**

- Determine the correct working end and cutting edge.
- Adapt the side of the tip 1/3 flush with the tooth surface at the gingival margin or under supragingival calculus deposit.
- Insertion. Close the face of the blade (flat) against the tooth surface and insert until the side of the tip 1/3 is positioned under the ledge of the calculus deposit.

#### **Instrument Activation**

- Angulate the cutting edge correctly and lock the toe into the tooth.
- Tighten grasp and increases lateral pressure using thumb, index and/or middle finger.
- Initiate short, powerful 2 mm stroke in a coronal direction to remove deposit.
- Relax grasp, close blade, if necessary, and reposition blade to continue removing deposit with channel scaling strokes.
- Use correct wrist/arm/hand motion to produce vertical, oblique and/or horizontal strokes
- Use no independent finger motion.
- Pivot on fulcrum finger to adapt to facial or lingual surfaces.

- Roll the instrument between index finger and thumb to maintain instrument adaptation when entering the interproximal areas.
- Maintain the lower shank as close to parallel as possible with the long axis of the tooth.
- Move the instrument in the direction the tip faces.

- 1. Identify an appropriate patient with accessible calculus in the anterior and posterior areas.
- 2. Observe the student's technique and check the area for acceptable (student removes enough calculus to pass the quadrant) removal of deposits.
- 3. Record any feedback on the evaluation form.

	LIT Dental Hygiene Program				
		Skill Evaluation			
	Universal Curet				
12. Provide specialized treatment that includes preventive and therapeutic services designed to achieve and maintain or health.  Competency Statements  12. Provide specialized treatment that includes preventive and therapeutic services designed to achieve and maintain or health.  a. Perform dental hygiene interventions to eliminate and/or control local etiologic factors to prevent and control caries, periodontal disease, and other oral conditions.  b. Control pain and anxiety during treatment through the use of accepted clinical and behavioral techniques.				factors to prevent and control	
Student			Date		
Instructor			Periodontal Case	0 1 11 111 1V	
Patient			Prophy Class	0 1 2 3 4 5 6 7 8	
			Grade	Not Acceptable Acceptable	

The student, in accordance with the standards set forth by the ADA and the Dental Hygiene Program, has demonstrated the following criteria.	Critical Error	Yes	No
1 Utilize accepted infection control procedures	Yes		
Apply basic and advanced principles of dental hygiene instrumentation	No		
Maintain patient records as instructed	No		
Obtain informed consent prior to treatment	Yes		
Maintain student records as instructed	No		
Appropriate application of professional knowledge, judgment and skills by the student while providing patient care	Yes		
Demonstrate the ability to communicate professional knowledge verbally and in writing	No		
Maintain sharp well contoured instruments	No		
Successfully removes deposits (passes quadrant)	Yes		

	Successfully removes deposits (passes quadrant)						
Co	Comments:						

#### **Slow Speed Handpiece Use**

#### **Patient Requirements**

- 1. Adult over the age of 18
- 2. Any Prophy Class or Periodontal Case Type

#### **Student Instructions**

- 1. Select a patient who has no contraindications for use of the slow speed handpiece
- 2. Sign up on the clinic sign-up sheet
- 3. This evaluation may be done without signing up if an instructor is available
- 4. Explain selective polishing to your patient
- 5. Determine if you will need to use fine prophy paste to remove residual stain or if toothpaste will be sufficient for biofilm removal
- 6. Review the following prior to the evaluation
  - Set up all equipment and check instrument operation prior to seating the patient.
  - Use a systematic procedure.
  - Use mirror effectively.
  - Use air and evacuation equipment effectively.
  - Utilize light effectively to aid instrumentation.
  - Maintain correct patient/operator positioning.
  - Maintain proper infection control procedures.

#### **GRASP:**

- Hold hand piece with the pads of the index finger, thumb and middle finger.
- Support the weight of the hand piece proximal to the "V" of the hand or distal to the third knuckle of the index finger.
- Maintain contact between the elements of the grasp as much as possible to avoid operator fatigue.
- Use as relaxed a grasp as possible.

#### **FULCRUM:**

- Establish on stable area, extended, cross arch and extra oral may be necessary to provide access and operator comfort.
- Maintain stable, constant pressure.

#### **INSTRUMENT POSITIONING AND ACTIVATION:**

- Obtain correct paste and apply to teeth.
- Direct cup occlusally to flare edge of cup into sulcular and proximal areas (especially on linguals).
- Maintain constant slow speed of angle.
- Continually moves cup on tooth.
- Use combination or roll/sweep stroke.
- Adapt edge of cup in anterior (fossae).
- Use overlapping strokes and light to medium pressure to effectively remove entire deposit.
- Use correct wrist/arm/hand motion to produce the desired stroke.
- Débride polishing cup of saliva before refilling.

#### **USE OF AUXILIARY POLISHING INSTRUMENTS:**

- Adapt toothbrush to occlusal pits and planes when indicated.
- Adapt finishing strips to interproximal areas if indicated.
- Adapt tape/floss to proximal surfaces.
- 7. Make sure you floss completely after you have used this instrument

- 1. Determine if the patient is appropriate
- 2. Witness the student's explanation of selective polishing and any further discussion between the student and patient.
- 3. Observe the student's technique
- 4. Record any feedback on the evaluation form

Comments:

	LIT Dental Hygiene Program					
	Skill Evaluation					
	Slow Speed Handpiece Use					
LIT Competency Statements	<ol> <li>Assume responsibility for dental hygiene actions and care based on accepted scientific theories and research as well as the accepted standard of care.</li> <li>Planning - Collaborate with the patient, and/or other health professionals, to formulate a comprehensive dental hygiene care plan that is patient-centered and based on current scientific evidence.</li> <li>Establish a collaborative relationship with the patient in the planned care to include etiology, prognosis, and treatment alternatives.</li> <li>Evaluate the effectiveness of the implemented clinical, preventive, and educational services and modify as needed.</li> <li>Evaluate the patient's satisfaction with the oral health care received and the oral health status achieved.</li> </ol>					
Student		Date				
Instructor		Periodontal Case	O I II III IV			
Patient		Prophy Class	0 1 2 3 4 5 6 7 8			
		Grade	Not Acceptable Acceptable			

	tudent, in accordance with the standards set forth by the ADA and the Dental Hygiene am, has demonstrated the following criteria.	Critical Error	Yes	No
1	Utilize accepted infection control procedures	Yes		
2	Apply basic and advanced principles of dental hygiene instrumentation	No		
3	Maintain patient records as instructed	No		
4	Obtain informed consent prior to treatment	Yes		
5	Maintain student records as instructed	No		
6	Appropriate application of professional knowledge, judgment and skills by the student while providing patient care	Yes		
7	Demonstrate the ability to communicate professional knowledge by explaining the concept of selective polishing to the patient. The instructor <u>MUST</u> witness this discussion.	Yes		
8	Apply the principles of selective polishing	Yes		
9	Floss the entire mouth after completing the procedure	Yes		
10	Leave no more than 4 surfaces with stain or biofilm	Yes		

## **APPENDIX 2**

# **COMPETENCY EVALUATIONS**

#### **Competency Evaluations**

- A. Instructions for the competency evaluations are located with the evaluation forms in this
- B. Competency evaluations may be attempted twice
- C. Your competency evaluation forms must be on a clipboard & should be available to the instructors at all times during clinic.
- D. All competency evaluations MUST be successfully completed in order to complete DHYG 1260.

### **Time Allotment for Competency Evaluations**

1. Patient Assessment	See instructions
2. Pedodontic Patient	See instructions
3. Instrument Re-circulation	Inform instructor, no sign up required
and Clinic Readiness	

Skill evaluations and Competency evaluations cannot be performed on any student enrolled in the dental hygiene program, any practicing dental hygienist or dentist.

#### **Instrument Re-Circulation and Clinic Readiness Competency Evaluation**

Student Instructions

- This evaluation is to be completed during a scheduled "Sterilization" days during your clinic time not when you are working outside of your clinic time.
- Inform the instructor you are performing the evaluation that day
- Be aware of the following objectives which should be achieved during "Sterilization Duty"
  - 1. The student will demonstrate knowledge of the types of supplies used for DH care in the clinic and radiology areas, and the preparation of these supplies for use by performing the following during scheduled sterilization time:
    - Determine which supplies need to be restocked and request an instructor/staff person obtain them for you if they are not available in the sterilization area.
    - Prepare supplies for use by setting out in specific areas/containers or by packaging and sterilizing if necessary.
  - 2. The student will demonstrate knowledge of personal protective equipment while working in the instrument recirculation area by wearing uniform, lab coat, mask, glasses/shield, and exam and nitrile gloves when needed.
  - 3. The student will determine which method of sterilization/disinfection is appropriate for specific instruments and materials by following instructions given in the manual and in class.
  - 4. The student will demonstrate a working knowledge of instrument recirculation and storage procedures by performing the following during scheduled sterilization time:
    - Instrument decontamination
    - Preparation for sterilization and packaging, including lubricating the RDH handpieces
    - Preparation of sterilization equipment
    - Operation of sterilization equipment
    - Preparation of chemical solutions for disinfection and/or cleaning
  - 5. The student will demonstrate knowledge of daily maintenance procedures for dental equipment by performing the following during scheduled sterilization time:
    - Prepare and distribute solutions for cleaning and maintaining the evacuation system.
    - Prepare solutions for and perform the procedures to clean the autoclaves, when requested to do so by an instructor.
  - 6. The student will demonstrate knowledge of surface classifications by determining which decontamination/disinfection techniques are appropriate for the clinic, radiology area, reception room and patient education rooms and by performing these techniques where necessary.
  - 8. The student will demonstrate an understanding of the effect orderliness and cleanliness has on the confidence and trust the patient has in the dental professional by keeping the reception and patient education rooms clean and orderly.
  - 9. The student will demonstrate knowledge of proper biohazardous waste handling and disposal by following the procedures in the risk management manual.

- 10. The student will demonstrate effectiveness as a team member by performing the following for peers and faculty during scheduled sterilization time:
  - Assistant
  - Messenger
  - Supply retrieval
- Make sure your instructor is aware of the procedures you are completing, check with her throughout the session
- Make sure the instructor has your Competency form at the beginning of the session and that it is completed at the end of the session

- Acknowledge the student is performing the evaluation
- Watch the student throughout the session and record any feedback on the competency form
- Review the evaluation with the student prior to recording the grade and placing a copy in their folder.

LIT Competer Statemen Student Instructor	,	nd Clinic Readiness	e dental hygieni	st in the d	
Competer Statemen Student	Apply a professional code of ethics in all endeavors.     Evaluate and utilize methods to ensure the health at	nd safety of the patient and the	e dental hygieni	st in the d	
Competer Statemen Student	ency 6. Evaluate and utilize methods to ensure the health a		e dental hygieni	st in the d	
					elivery of
Instructor		Date	Date		
	r	Periodontal Case		N/A	
		Prophy Class		N/A	
		Grade	Not Acceptab		
	ent, in accordance with the standards set forth by the ADA a has demonstrated the following criteria.	and the Dental Hygiene	Critical Error	Yes	No
1 Uti	Utilize accepted infection control procedures				
2 Ma	Maintain clinic and laboratory records as instructed				
3 Pre	Prepare the clinic for the session				
4 Re	estock clinic supplies	No			
5 Pre	repare patient education area for the session		Yes		
6 Pre	repare the reception area for the session		Yes		
7 Pre	repare all solutions for the day if indicated		Yes		
0	hoose the correct cleaning and sterilization/disinfection pro struments	cess for equipment and	No		
9 <b>O</b> p	perate sterilization equipment properly		Yes		
10 We	/ear appropriate PPE		Yes		
11 Ass	Assist faculty and peers as requested				
12 Pro	roperly dispose of biohazardous material	No			

#### **Patient Assessment Competency Evaluation**

#### **Patient Requirements**

- Male or female age 18 or over or at instructors discretion
- At least 24 teeth
- Uncomplicated medical history
- Must be able to stay for a four hour appointment
- Must have recent BWs or FMX available at time of evaluation
- Be careful in choosing this patient. A difficult patient will decrease your chances of successfully
  completing this competency in the allotted time. There are <u>no</u> provisions for modifying the
  grading of this competency to account for a more difficult patient.

#### **Student Instructions**

- Must be scheduled in the skill evaluation book in the clinic with your Pod instructor.
- You MUST have an instructor present before you review the patient's health history and obtain vital signs. Time will start as soon as the patient health history is started. The instructor will sign the history, release and HIPAA documents. No other documents or procedures will be checked or signed until check out.
- Make sure you have all of the necessary paper work or forms at your operatory.
- Have the health history signed by an instructor before you begin the patient assessment.
- Complete all of the assessment examinations in the two hour examination time period. This will include:
  - Medical/dental history and vital signs (BP must be taken 2 times)
  - Head and Neck and Intraoral Examination
  - Periodontal Assessment (including plaque score and home care regimen)
  - Dental Charting
  - Complete the Informed Consent Document (Including patient signature)
- Radiographs, if necessary, will be taken during the appointment but will be excluded from the time limit. Radiographs may be taken prior to the examination.
- Notify your instructor when you have completed the assessment competency or if you need to take a break for any reason. **You must get a stop and start time**.

#### **Instructor Instructions**

- Record a start time for the student as soon as the patient is seated in the chair and the student is ready to start the medical history.
- Make sure you are available for observing the student during each of the required elements of
  the competency; including review of the medical history and taking vital signs (<u>teaching</u>
  <u>stethoscope is required</u>). Students are expected to obtain the blood pressure 2 times. Sign the
  medical history after the student has completed the review.
- Give the student time out for radiographs. Write the stop and start times on the evaluation form.
- Record the time the student is finished.
- Begin evaluation of the assessments.
- Record any feedback on the competency evaluation form and review it with the student.

LIT Dental Hygiene Program								
Competency Evaluation								
	Patient Assessment							
LIT Competency Statement	Competency  a. Select, obtain, and interpret diagnostic information recognizing its advantages and limitations.							
Student			Date					
Instructor			Periodontal Case	O I II III IV				
Patient Prophy Class 0 1 2 3 4 5 6 7 8								
	Start Time: Stop Time:	Start Time: Stop Time:	Grade	Not Acceptable Acceptable				

	eudent, in accordance with the standards set forth by the ADA and the Dental Hygiene am, has demonstrated the following criteria.	Critical Error	Yes	No
1	Utilize accepted infection control procedures	Yes		
2	Maintain patient records as instructed	No		
3	Maintain student records as instructed	No		
4	Obtain a complete medical and dental history	Yes		
5	Recognize medical conditions that require special precautions or considerations prior to or during dental hygiene treatment	Yes		
6	Identify the patient at risk for a medical emergency and be prepared to handle the emergency	Yes		
7	Assess vital signs accurately and discuss with patient (BP is taken twice and averaged)	Yes		
8	Perform a head and neck and intraoral examination and accurately record the findings	Yes		
9	Perform an examination of the teeth and accurately record the results	Yes		
10	Evaluate the periodontium and identify conditions that compromise periodontal health and function	Yes		
11	Distinguish normal from abnormal radiographic conditions	Yes		
12	Obtain informed consent	Yes		
	Demonstrate the ability to communicate professional knowledge verbally and in writing	No		
13	Complete the patient assessment, excluding time for radiographs and instructor evaluation, in two (2) hours	Yes		

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#### **Pedodontic Patient Competency Evaluation**

#### **Patient Requirements:**

- 5 to 10 years of age, no exceptions.
- No complicated medical history problems
- One parent/<u>legal</u> guardian **MUST** accompany the patient. Students may not see their own children or the children of other students for this competency.

#### **Student Instructions:**

- Must be scheduled in the skill evaluation book in the clinic with your Pod instructor.
- Your Instructor MUST be present before you start the medical history for this patient. The instructor will sign the history, release and HIPAA documents. No other documents or procedures will be checked or signed until check out.
- Obtain the correct paperwork for the child patient.
- Have the parent sign the Informed Consent prior to any treatment.
- Try to obtain a complete medical history prior to the child's appointment.
- You have 2 hours to complete this patient, NOT including check out. Any necessary radiographs may be taken at a date prior to the competency.
- The fluoride treatment is not included in this competency evaluation
- Record detailed patient education information and recommendations made to the parent in the progress notes.
- Make sure you follow the format for the evaluation; if you have questions you must ask them prior to the start of the appointment.

#### **Instructor Instructions:**

- Approve the patient for the competency evaluation, observe the medical/dental history and vital signs (<u>teaching stethoscope is required</u>) and sign the appropriate paperwork. No other paper work will be checked or signed until check out.
- Observe the student at intervals appropriate to the criteria on the evaluation
- Make sure you record stop and start times for radiographs
- Check all paperwork and evaluate all procedures when the student is finished
- Complete the written competency evaluation form when the student is finished

	LIT Dental Hygiene Program						
			Competency Eva	aluation			
			Pedodontic Pa	atient			
LIT Compo Staten	etency nents	10. Use critical dec assessment dai 11. Collaborate wit that is patiente. Obtain the p 12. Provide special health. a. Perform den periodontal	collect, analyze, and record data on the gision making skills to reach conclusions a ca.  In the patient, and/or other health profescentered and based on current scientificatient's informed consent based on a thoused treatment that includes preventive at lygiene interventions to eliminate and disease, and other oral conditions. fectiveness of the implemented clinical, processing the sectiveness of the implemented clinical, processing the section of the	bout the patient's dental hygiene ssionals, to formulate a comprehe evidence. brough case presentation. and therapeutic services designed d/or control local etiologic factor	e needs based o ensive dental hy d to achieve and s to prevent and	n all availa ygiene car d maintain d control (	e plan oral caries,
Stude	Student Date						
Instru	ctor			Periodontal Case	0 1 11 1	II IV	
Patien	t			Prophy Class	01234	5 6 7 8	
		Start Time: Stop Time:	Start Time: Stop Time:	Grade	Not Accept Acceptable		
			e standards set forth by the ADA and llowing criteria.	d the Dental Hygiene	Critical Error	Yes	No
I I I I I I I I I I I I I I I I I I I							
4							
5	Colonia de implete inicarios, acinar inicario						
6	Expose	radiographs as nece	essary		No		
7		the parent/guardia guardian <b>signs</b> befo	n with an appropriate informed con re treatment starts	sent which the	Yes		
8	Provide	individualized educ	ration for the child <b>AND</b> the parent/g	guardian	Yes		
9	Apply b	asic and advanced p	principles of dental hygiene instrume	entation	No		
10		es <u>detailed descripti</u> ss notes	on of education topics and recommo	endations to parent in the	Yes		
11	Comple	ete all identified pro	cedures in two (2) hours.		Yes		
Comm	nents:						

# APPENDIX 3 GUIDELINES FOR RADIOGRAPHS

**Written Radiographic Evaluations** 

Introductory Clinic DHYG 1260 Spring 2018

#### **Radiographic Requirements:**

1. See the requirements on pages 8 and 9.

#### **Grading Criteria**:

1. Each radiograph will be graded utilizing the criteria established in DHYG 1304.

#### **Procedures:**

- 1. A critique form must be handed in with the survey before an evaluation will be done by an instructor.
- 2. Surveys turned in more than 2 weeks after the initial films have been completed may not be graded.
- 3. Retakes on all surveys should be completed as soon as possible. Incomplete surveys will not be counted towards your requirements and may affect your Professional Judgment grade.
- 4. Surveys are to be completed by **the last clinic day.**
- 5. All film released to the student must be accounted for. Unused or contaminated film must be returned to an instructor and noted in the grade book to avoid any suspicion of academic dishonesty.
- 6. All surveys must be completed, critiqued and graded by an instructor regardless of whether or not they are acceptable.

#### Written radiographic evaluations:

- 1. Two written Radiographic Evaluations are scheduled this semester.
  - Radiographic Evaluation (Standard films)
  - Radiographic Evaluation (Panoramic film)
- 2. Both written evaluations are scheduled in the MPC Media Center. Students will have 1 hour to complete each examination.
- 3. Radiographic evaluations are considered to be Competency Evaluations and must be successfully passed by achieving an 80% or better.
- 4. Repeat evaluations will be given later in the semester for students whose first attempt was not successful. It is in the student's best interests to seek faculty help to determine areas of weakness prior to taking the evaluations a second time.
- 5. The entire faculty will meet to consider the status of students in the DH program who are unsuccessful a second time.

### **APPENDIX 4**

### INTRODUCTORY CLINIC INFORMATION

#### **Introductory Clinic Information**

Students should purchase a prepaid cell phone to use for contacting patients for clinic appointments. The faculty feels this will decrease the potential for patients to track and harass students. Harassment has not been a significant problem in the past; however, the faculty is constantly trying to make sure it remains that way.

#### I. Appointment book control

- You must write all appointments in the appointment book. Failure to record appointments will result in disciplinary action or an incident report in the student's permanent record.
- 2. The appointments in your personal book and the clinic book should always match.
- 3. Record the patient's name in the appropriate spot in the appointment book.
- 4. Be very careful when making appointments or changing them, an error may cost you valuable clinic time or you may have two patients at the same time and waste someone else's time.

#### II. Cancellation Time (Non-productive Time)

- 1. It is your responsibility to explain the necessity of keeping scheduled appointments and of notifying you at least 24 hours in advance if your patient cannot keep the appointment.
- 2. Patients should be told they can leave messages for you by calling either the Dental Hygiene Clinic number (880-8860).
- 3. Check your folder and the bulletin board regularly to receive messages.
- 4. Confirm all appointments 24 hours prior to the scheduled appointment time.
- 5. You should record any cancellations or missed appointments in the patient's progress notes. The Dental hygiene program cannot be accused of abandoning a patient if there is a record of the missed or cancelled appointments. This patient will also be identified as non-compliant if they ever desire treatment at the LIT Dental Hygiene Clinic again.
- 6. Communication forms will be made for all patients and an entry of student/patient communication will be recorded for each contact. Contact with new patients who have no record yet will still be recorded on a communication form which will be kept in the student's file area in a manilla folder especially labeled for that purpose. When the patient comes in for their first appointment this form will be placed in their patient folder.
- 7. You will be allowed to wait for 15 minutes for your patient in the receptionist's office. After that time you will report to an instructor to be assigned work to do in your operatory. You may opt to go look for a patient but you must inform your Pod instructor. When you return you need to inform the same instructor if possible. If you have not found a patient you may be given an assignment to work on in your operatory.

#### III. Patient Fees

#### See Table below

Patient Category	Cost
General Public	\$25.00
Senior Citizens (65 plus)	\$15.00
Public Assistance*	\$10.00
LU and LIT Students and Faculty	\$15.00
Radiographs Only	\$10.00

- 2. Patient payment must be shown by written receipt <u>before</u> instructors will sign the patient's health history on the second visit, unless other arrangements have been made with the receptionist.
- 3. Do not charge for screening appointments.

#### IV. Planning

You may not be able to complete each patient you begin to treat this semester (i.e. the patient may elect to discontinue treatment or lack of time at the end of the semester may necessitate completing the patient during the next semester). You should plan to complete more than the required minimum. Good planning and organization will ensure the completion of clinical requirements.

#### V. Patient education and plaque scores

Plaque scores will be obtained at every patient appointment. Patient education will be performed at chairside during every appointment. The best time for education is after determining the patient's plaque score. Patient education may include at least one intraoral demonstration of homecare techniques by the patient at every appointment.

#### VI. Dismissing patients at the end of an appointment

Every patient **MUST** be checked by an instructor prior to dismissal at every appointment even if the patient had NO procedures done. An instructor must sign your progress notes and we need to at least talk to your patient in order to do this.

#### VII. Children/Minors (under the age of 18)

You are allowed to see two children this semester. You may request permission from the clinic coordinator to see a third child, but permission is not automatic and may not be granted to you. Children must be accompanied by a parent or legal guardian, no one else is allowed to sign the informed consent.

#### VIII. LIT Appointment Policy

The LIT Appointment Policy form should be explained to each patient before they sign it. This form is to be placed in the patient's record.

#### IX. Sterilization Duty

Each student will be assigned to work in Sterilization approximately 2 times during their clinic hours and 2 to 3 times during opposite clinic hours. This assignment is not optional. Students

who schedule patients during their scheduled in-session assignment will be required to reschedule their patients. Students who miss any part of their out-of-session assignments will be required to make up that session and an additional 4 hour session.

#### X. <u>Patient Transportation and Parking:</u>

Patients must arrange for transportation to and from the clinical facility. Students must not transport patients unless they are immediate family members (parent, sibling, or offspring).

Patient parking is provided in the front/back of and adjacent to the LIT Multi-Purpose Center. Patients are required to obtain an official parking permit from the receptionist in the dental hygiene clinic. The parking permit must be placed on the front dash of the patient's locked car. It is the dental hygiene students' responsibility to ensure their patients are legally parked in the patient parking area. **Under NO circumstances are students allowed to park in the Patient Parking Area.** Violators in the patient parking area will be ticketed and/or towed.

#### XI. Patient Records:

All patient records are the property of the LIT Dental Hygiene Program. No patient records may leave the dental hygiene clinic.

#### XII. Patient Confidentiality:

All patients have the right to expect the strictest confidentiality of their records. Students violating this policy will receive point deductions from their grade or dismissal from the program.

#### XIII. <u>Instruments:</u>

The student is expected to care for and monitor their instruments. **LIT and the faculty are not responsible for missing instruments and/or instrument breakage.** 

#### XIV. Patient Rights:

Students and faculty alike are expected to consider the rights of patients. The rights of patients include:

- 1. Considerate, respectful and confidential treatment.
- 2. Continuity and completion of treatment.
- 3. Access to complete and current information about their condition.
- 4. Advance knowledge of the cost of treatment.
- 5. Informed consent to include the explanation of recommended treatment, treatment alternatives, the option to refuse treatment, the risk of no treatment and expected outcomes of various treatments.
- 6. Postoperative instructions.
- 7. Treatment that meets the standard of care in the profession.

#### XV. <u>Medically Compromised Patients:</u>

Patients may have a medical or drug history that would compromise their health if dental treatment is rendered. Certain patients who have a complicated medical/drug history must obtain a medical release from their physician. The release must be received prior to dental treatment. A new/updated medical release is required every 3 years.

#### XVI. Hepatitis and HIV Positive Patients:

Hepatitis and HIV Positive patients will be treated in the Dental Hygiene Clinic. Patients who have symptoms beyond the scope of training of dental hygiene students will be referred to an appropriate health care professional.

#### XVII. Herpes Simplex Infection:

Proper infection control should prevent cross-contamination with the Herpes virus. However, auto-inoculation can occur. It is in the best interest of the patient to delay routine treatment until the herpetic lesion is considered non-infective or until the lesion has completely crusted over.

#### XVIII. <u>Professional Judgement and Ethical Behavior:</u>

Students are required to display attitudes and behaviors consistent with accepted standards of professional conduct. Therefore, evaluation of professional behavior occurs continuously through-out the curriculum. If accepted standards are not met a minimum, a student may fail a skill assessment. For repetitive breaches of professional standards, a student may be administratively withdrawn from the Program without the opportunity for readmission. The following professional characteristics are among those encouraged, observed, and evaluated throughout the dental hygiene curriculum: integrity, interpersonal relationships, initiative, dependability, attitudes, tolerance, composure, and appearance. Students are expected to demonstrate these characteristics, both in their academic and clinical pursuits.

Professionalism in the patient-care environment reflects the principles described above and is further defined by expectations in the following areas: protocol, skill maintenance, instrumentation skills, documentation, time management, infection control, equipment maintenance, decision making, ethics, conduct and communication.

#### XIX. <u>Clinical Teaching Using the Pod System:</u>

The pod system will be utilized in the clinic setting to enhance student learning. The Pod system requires each clinical instructor be assigned to specific cubicles in order to create smaller groups within the clinic. Working in pods emphasizes one-on-one teaching, continuity of instruction and closer monitoring of student progression.

### APPENDIX 5

### **APPOINTMENT PLANNING**

#### **APPOINTMENT PLANNING**

This section of the manual is provided to the student for use as a guide in appointment management. It should be emphasized that this is a guide only and should not be used as an alternative to creative individual appointment planning. Use this guide as a reference before and during your appointments.

#### I. Appointments

- A. Appointments are usually made in intervals of 2 or 4 hours.
- B. Appointments <u>must be</u> recorded in the office appointment book. Failure to record the appointment under other than extraordinary circumstances will result in an error under professional judgment and ethical behavior.
- C. Appointment cards are available through the Dental Hygiene Clinic Receptionist. When you are making the initial appointment over the phone, it is an excellent idea to review the medical history. If the medical history contains questionable elements you will be able to obtain a medical release prior to the initial appointment. Examples would be: heart disease, history of latex allergy, uncontrolled high blood pressure or diabetes. It would also be a good idea to mail the patient an appointment card with the time and date of their appointment and your name on the back so that they know whom they have an appointment with. You can also send out medical history and treatment release forms to be completed by the patient.
- D. Appointments <u>must be</u> confirmed 24 hours prior to the appointment time. We have had problems in the past with patients who cancel on short notice or just do not show up at all even when confirmed. It is very helpful if you can have a few stand-by patients you can call on short notice. It is also very important your patients know how important they are to you, without them you will not become a hygienist. Take an interest in them. Please do not harass your patients by calling numerous times at all hours of the day and night. Every year at least several patients object to overzealous confirmation tactics.
- E. Communications Log Note every contact with your patient on the Communication Log in the record. This log is required and may prove to be very helpful when trying to sort out misunderstandings between patients, students and the clinic. Fill this out as completely as possible. Communication logs for patients who have not yet been in the clinic should be kept in a folder labeled "Communication Logs" and filed at the front of the student's file area in the file room.
- F. You should locate your patient's chart prior to the day of the appointment.

#### II. Pre-appointment preparation

- A. Carry out all pre-appointment infection control procedures.
- B. Pick up your patient's chart from your section in the file cabinet.
- C. Set up only those items necessary for the procedures to be performed during the appointment. You must plan ahead! For the first appointment you will need one instrument cassette, patient record forms, disclosing solution, mouth rinse, hand mirror, and disposables (gauze, etc.).
- D. Greet your patient and seat on time. If you are running late be sure to ask the person on sterilization or someone else to inform the receptionist. She will need to know how long you will be delayed be honest do not underestimate. If more than 15 minutes will be required, you should stop where you are with your current patient and start where you left off at their next appointment. Remember, it will take about 15 minutes to post and pre-op before you are able to seat your next patient.

#### III. Fill out the CER

A. Account for clinic time by filling in the appropriate box in the top left corner of the CER.

#### Cancellation Time or Non-productive Time (CER #51 J)

When a patient cancels or does not show for his appointment you must use a Cancellation CER. You must record the reason for the non-productive time (cancellation, patient no-show, mismanagement of time, etc.) and what you did during your non-productive time, on the reverse of the CER. Students who have cancellation time may be assigned radiographs to critique or case studies to complete in their operatory. Students will not be allowed to sit in the receptionist's office. An instructor MUST initial the Cancellation CER opposite the time notation on the day the non-productive time has occurred.

#### Sterilization (CER #50 S)

You will have one CER to record time spent on sterilization duty during regularly scheduled clinic time and when you work in clinic outside of your regular clinic time.

#### **Student Illness**

A student illness CER will be executed only when a clinic absence is not excused or when an excused clinic absence is not made up prior to clinic counseling dates. See your clinic counselor or clinic coordinator for instructions on how to record your time in this situation.

#### Screening

Students are encouraged to have their patients screened prior to setting up appointments for them. Patients are not charged for screening alone but will be charged the appropriate fee if radiographs are taken.

B.	Patient Name	(fill in patient's name)
C.	Pat# / Code	_
	Enter the patient's name on the CER. Each pafter an instructor reviews the medical/dentenumerical sequence of patients will be developed.	al history on the first appointment. A

#### \* REMEMBER, each patient has a separate CER.

- D. Student Name \_\_\_\_\_\_ (fill in student name)
- E. Clinic I II III

  Circle whichever clinic course you are in
- F. Prophy Class: 0 1 2 3 4 5 6 7 8 Periodontal Case: 0 I II III IV
  - 1. Your instructor will determine your patient's prophy class and will circle and initial this area. Prophy class can usually be determined clinically without radiographs. The student will determine periodontal case and will obtain instructor confirmation prior to treatment procedures. Periodontal cases, especially the lower cases, usually require radiographs and the instructor may not finalize this classification without them. Be sure to have your patient classed before their first appointment is concluded. This is your responsibility!
  - 2. Both the Prophy class and the Periodontal Case designations will be recorded on the patient's progress notes in the margin where the date is written.
- IV. Initial paper work and Histories (Medical/Dental and Tobacco)
  - A. The student is reminded that it is good practice to obtain at least some of the medical history over the phone when making the first appointment for the patient. If a medical consultation or release is necessary then you can obtain it prior to the actual appointment. The following forms must be filled out during the initial appointment.
    - 1. Medical/Dental History
      - a. Make sure this is filled out completely vital signs, etc.
      - b. Have patient sign and date
      - c. Student signs
      - d. If medications (prescriptions, OTC or Herbal medications) are listed follow this procedure:
        - (1) At the initial appointment look up the drug in the PDR or other drug reference (don't forget the internet for herbal medications) and record any treatment modifications or contraindications for dental treatment on the second sheet of the medical history.
        - (2) By the second appointment have a drug card for each prescription the patient is taking. You do not have to write a drug card for OTC medication or herbal medications or supplements (herbal or others).
        - (3) Drug cards accompany the medical/dental history on the second patient visit and will be reviewed by the instructor. The

instructor will note the cards have been done by initialing the drug card space on the second sheet of the medical history.

e. If the medical history indicates a consultation with an MD is required, the student will attempt to reach the MD by phone and FAX a Medical Release form (see the Clinic Manual) to the MD for completion before the student can proceed with patient treatment.

#### **FAX NUMBER 880-8081**

- (1) At the discretion of the instructors and depending on the reason for the medical release the student may perform some limited procedures prior to receiving a medical release. An instructor will evaluate each patient and inform you what can be done.
- (2) The best way to avoid wasted time is to obtain a preliminary medical history over the phone when making the initial appointment.
- 2. Patient Application for Treatment and Release Form. Have your patient read, sign and date this form. Your instructor will initial this form at the first appointment when the Medical/Dental history is reviewed. No other signatures are required during the semester in which the patient begins treatment. If seen in subsequent semesters, a new signature and initials must be obtained.
- 3. LIT Appointment Policy form. Have your patient read and sign this form. Please ask if they have any questions, if so clarify the policy for them. Your instructor will initial the form. This form is signed once and does not have to be signed in subsequent semesters
- 4. Fill out and explain all HIPAA Forms to the patient
  - a. Have the patient sign where indicted and give the patient a copy of the policy at LIT.
- 5. The CER. The CER must be filled out as indicated previously including the start date for the Medical/Dental history.

#### B. The first appointment

When you have completed all of the above you need to get an instructor to come to your chair to review the important points of the patient's medical/dental history. The instructor may comment or question you regarding any information contained or not contained on the form before placing the grade on the CER. The instructor will check and initial the patient release, appointment policy and HIPAA forms.

- C. For second and subsequent appointments the student will update the Medical/Dental history, note any changes by recording the number of the line item next to the signature line (or N/C if there have been no changes). If additional drugs have been added the student will follow the procedures noted above. The updated Medical/Dental history form, patient release form and CER will be brought to the instructor for review and signatures.
- D. By the second appointment, the student should have drug cards written for any prescription medications the patient is taking.

#### V. Oral Exam (Head and Neck and Intraoral exams)

The next section should be done as one exam before being checked by an instructor unless time will not permit completing both. Make sure you list atypical as well as pathologic findings and the suspected etiologies.

- A. Head and Neck Exam
  - Follow the procedures as listed on the clinic Head and Neck and Intraoral exam form
- B. Intraoral Exam
  - 1. Before proceeding with the intra oral portion of the exam, have your patient rinse with antiseptic mouth rinse and change gloves.
  - 2. Proceed with the exam as listed on the exam form.
  - 3. Do not forget class I occlusion is a malocclusion and must be listed as such with an etiology, also, determine division classification for all class II occlusions (division I all protruded, division II one or more retruded).
- C. Have both exams checked by an instructor before proceeding.

\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

A prophy class should be assigned to your patient at this time. An RDH instructor is responsible for determining a prophy class and for helping you to decide if this patient would be appropriate for a skill evaluation or competency. It is your responsibility to alert the instructor that a prophy class is needed.

\*

#### VI. Periodontal Assessment

It is often impossible to complete this examination during one appointment. The examination has been divided into 4 sections which are graded by an instructor. The individual sections are added together to produce a grade for the examination.

A. Dental Biofilm associated gingival/periodontal disease related to:

Note the amount of soft deposit, <u>without disclosing the patient and before the deposits have been disturbed by instrumentation.</u> Fill out the biofilm section. Some of this information may not be available until you complete other sections of the form.

- 1. Biofilm: Evaluate the findings in VI. A.
- 2. Determine and check off biofilm retentive features using the dental chart, gingival description and any other source of information.
- 3. Use the medical history and any other information to determine the existence of other predisposing or contributing factors and check these off.
- B. Soft Tissue Examination

Examine the free gingival tissues for clinical characteristics noting generalized as well as localized areas of change.

- Probe all quadrants noting readings of four or more in the appropriate places.
   Note the presence of bleeding and record by placing a red dot above the area where the pocket depth reading should appear.
- 2. Note any areas of recession by measuring the distance between the CEJ and the gingival margin and recording it in the T.H. Box.
- 3. Inadequate zones of attached gingiva will be charted in the P.C. Box.
- 4. Frenum involvement will be charted in the area in which it occurs.
- 5. Furcation involvement should be charted in the appropriate places.
- 6. Note mobility in the P.C. Box (indicate severity with 1, 2, or 3).
- C. Radiographic Findings

Radiographs are needed at this point, although they can be taken at any time prior to this. The instructor will help determine which radiographs are necessary.

- 1. Bring your CER to your instructor and he/she will procure film from the cabinet and record the patient's name and number along with number and type of film given in the clinic grade book. The instructor will also initial the CER next to the proper radiographic procedure and place a start date in the appropriate column.
- 2. Take and develop the radiographs. Use the radiographs to fill in the radiographic findings portion of the periodontal assessment form and have this graded.
- 3. The type of radiograph and the justification for exposure must be recorded on the patients chart on the date the radiographs are taken.
- D. Periodontal Condition

Determine the periodontal case and check off the appropriate box on the assessment form. Determine the presence of inflammation and if localized note the areas.

E. Calculus Detection

**Class 3 patients.** The student will explore all surfaces for hard deposits and chart on the calculus detection form for each Class 3 patient. You are not required to do calculus charting on Class 1 and 2 patients.

#### VII. Dental charting

- A. A complete dental charting will be accomplished for every patient. The information obtained from the chart will be used to determine biofilm retentive features and the predisposing factors on the periodontal assessment form.
- B. Unless otherwise indicated radiographs must be utilized for dental charting. The radiographs may be taken at the clinic or may be requested from the patient's dentist of record. If the latter is the case the radiographs will be returned after use.
- C. You should fill out the progress notes for this patient up to the point of dental charting before the dentist is asked to check the patient. One of the following entries should be used:

"Dental charting with x-rays"

"Dental charting without x-rays"

- C. The dentist will evaluate your dental charting and will complete the following prior to leaving your area:
  - 1. Grade the dental charting section of the CER
  - 2. Sign the patient's progress notes adjacent to the dental charting notation (make sure the entry states whether or not radiographs were used)
- D. Referrals for dental treatment will be noted in the referral section on the informed consent document. It is your responsibility to write in the conditions the patient is being referred for.
- E. It is your responsibility to ensure the dentist has the forms required and the proper signatures and grades are recorded. If these procedures are not completed correctly it will reflect on your professional judgment and ethical behavior grade.

#### VIII. Plaque/Bleeding Score and Home Care Regimen Form

- A. Determine the plaque score by disclosing. The initial plaque score will be determined for all patients during their first or second visit and at **each subsequent visit**. Record the plaque and bleeding scores on this form.
- B. Each patient shall have an initial bleeding score recorded during the first or second visit and a final bleeding score recorded on the last appointment for comparison purposes.

  Determine the bleeding score for each patient by dividing the total number of bleeding

points by the total number of possible bleeding points. Do not color the bleeding points on this form just record the score! Example follows:

### Number of bleeding points / (number of teeth present x 6 possible bleeding points) 28 bleeding points/168 possible = .16 or 16% bleeding

- C. On the first or second patient visit determine the patient's home care routine. Circle "baseline" under home care and record the information in the appropriate areas. At subsequent visits you can record your home care recommendations by circling "recommendations" and recording the information in the appropriate areas. Make sure you update this as necessary.
- D. The plaque score and bleeding score should be noted in the progress notes on the date/s they are done.

#### IX. Full Periodontal Charting

- A. You are required to complete one quadrant of full periodontal charting this semester. This will include:
  - 1. Pocket depths (6 readings for each tooth not just those over 3)
  - 2. Tissue heights (6 readings for each tooth)
  - 3. Determination of clinical attachment level (CAL) (6 readings per tooth)
  - 4. Mobility
  - 5. Sensitivity to percussion
  - 6. Suppuration
  - 7. Frenal problems, furcation involvement and IZAG
- B. Periodontal charting will be done on a patient designated by an RDH instructor.

#### X. Informed Consent / Treatment Plan and Risk Assessment Documents

- A. Informed Consent / Treatment Plan
  - 1. After completing and analyzing all baseline data the student will fill out an Informed Consent Document.
  - 2. The student will present the document to an instructor prior to presenting it to the patient.
  - 3. Fill out the referral section if any dental/medical referrals need to be made. Referrals are also recorded in the patient's progress notes.
  - 4. The instructor will sign the plan in the designated area and place a grade on the CER. The student will then verbally present and explain the plan to the patient and have the patient sign where indicated.
  - 5. Give the patient the original and make a copy to keep in the patient's record.

#### XI. Dental Hygiene Care Plans

- A. Dental hygiene care planning and patient education will be accomplished on every patient during the course of treatment, written plans are required for the following:
  - 1. One class 3
  - 2. The patient who is used for the patient education skill evaluation
  - 3. If you are working towards a grade of "A" in this course, a third treatment plan needs to be done on another patient approved by an instructor.

B. Data collection ends with the completion of all assessment forms. You have 1 week from the date of the last assessment appointment to submit the written care plan to your clinical advisor.

#### XII. Patient Education

- A. <u>Patient education will precede any scaling.</u> Patient education WILL be done at **EVERY** appointment following determination of the plaque score. If <u>appropriate</u> patient education is not done the student will receive an "unsatisfactory" rating for Professional Behavior and Ethical Judgment.
- B. Record the patients learning level in the progress notes at every appointment.

#### XIII. Scaling Procedures

When all examination procedures have been completed and patient education has been started, your instructor will ask you to begin therapeutic treatment (the removal of all hard deposits without unnecessary tissue trauma).

- A. Start in one quadrant and use a systematic approach. Make sure you feel the deposits before you try to remove them. If you do not feel the deposits you cannot remove them! Get help from your instructor to identify deposits, if necessary. Trying to remove something you cannot feel is only going to cause tissue trauma and waste time. Unnecessary tissue trauma is counted as an error in scaling.
- B. At the beginning of the semester or when you have a difficult patient, you may ask an instructor to check your progress without grading you. We are here to help you learn, do not assume we know if you are having trouble or not. It is your responsibility to ask for assistance.
- C. When scaling in one quadrant is complete, ask for a scale check from an instructor. Only the RDH instructors are allowed to grade instrumentation, unless otherwise indicated.
- D. The instructor will check the areas scaled and indicate which areas still have deposits or which areas have tissue trauma. Record these areas in the comments area on the CER for that quadrant. The student is graded on the amount of deposit left and the presence of tissue trauma at this evaluation. Proceed to remove the remaining deposits identified by the instructor.
- E. Ask for a re-evaluation from an instructor and if the deposits have been removed the instructor will sign the re-evaluation column and the grade for the quadrant will be recorded. Continue with the next quadrant.
- F. Instructors may be occupied when you need a quadrant checked. Never sit and do nothing unless absolutely necessary. Ask the instructor if you can go on and remember you can always perform patient education.

#### XIV. Polishing/Plaque Free

Determine the procedure your patient needs. If polishing is necessary determine which surfaces need to be polished. Explain selective polishing to your patient.

- A. Plaque Free (without prophy paste)\*
  - 1. You will disclose your patient and proceed to remove all biofilm deposits using slow speed handpiece, brush, floss and instruments if necessary.
  - 2. Re-disclose the patient and have an instructor check when you have determined that all soft deposits are removed.
  - 3. The instructor will indicate any remaining areas. You will record these on the CER and remove them before asking for a re-evaluation.

#### B. Polishing (using a prophy paste)

- Disclose the patient and remove all soft deposits and stain using slow speed handpiece, appropriate abrasive prophy paste (remember if you use medium or coarse you must follow with the medium and then fine pastes) brush, floss and instruments, if necessary.
- 2. Disclose again and when you have determined the patient to be plaque free, have your instructor check.
- 3. The instructor will indicate any areas that remain and you will remove these before asking for a re-evaluation.

#### C. Children

Children will have a toothbrush prophy done unless there is stain present that cannot be scaled off such as green stain (green stain would only be polished at a subsequent appointment after fluoride treatments) or heavy plaque. Consult your pod instructor when in doubt.

#### XV. Fluoride Treatment

After the patient is plaque free, perform a fluoride treatment.

- A. Follow the procedures regarding patient education and be sure to give your patient a fluoride fact sheet. (Put one in their record when you start treatment)
- B. Don't forget to have an instructor check your patient after you are done.
- C. Never leave your patient during a fluoride treatment
- D. Fluoride Varnish. Fluoride varnish will be done for all children with primary dentition. Patients who have excessive recession will also be offered fluoride varnish. Follow the manufacturer's instructions. Be sure to give appropriate instructions to your patient and one of the patient handouts to take home.

#### XVI. The last appointment

Make sure all of the following are done <u>before you dismiss</u> your patient for the last time.

- A. Procedures are completed and you have a grade and instructors' initials on the CER.
- B. The last entry on the progress notes contains the following:
  - 1. Description of the patient's gingival/periodontal condition upon leaving
  - 2. Current learning level
  - 3. Referrals from the Informed Consent document for treatment needed or completed if not recorded previously
  - 4. Recall date
  - Patient's receipt number and payment information, if not recorded previously
- C. Have an instructor check your patient before he or she leaves

#### XVII. Completed Patient

The following information must be recorded and procedures performed before your patient will be identified as complete.

- A. Comprehensive Care Grade-meaning all required treatment has been completed.
- B. The patient record must be complete
  - 1. All forms present in the correct order
  - 2. Radiographs must be present and placed into labeled coin envelope or the progress notes should have a notation indicating where the films were sent.
- C. Completed CER
- D. Payment receipt number, type and amount on CER

- E. Have the chart audited
  - 1. All charts must be audited, including those seen for radiographs only.
  - 2. Charts must be audited within one week of completion of treatment or receipt of a grade on the radiographs.

#### XVIII. Professional Behavior and Ethical Judgment (Professional Responsibility)

Demonstrating professional behavior and ethical judgement is an integral part of patient care. Student should exhibit a professional attitude and conduct themselves in a professional manner at all times. A dress code is stated in the student handbook and compliance is mandatory. A grade for professional behavior and ethical judgement will be given at 3 different times during the semester. The average of these must be 38 points or higher in order to meet minimal clinical requirements. The grade will reflect the students' performance in relation to punctuality, professional appearance, professional judgement, professional ethics, instrumentation skills, documentation, time management, infection control, organizational skills and patient rapport.

#### XIX. Patient Records

- A. Patient records are NOT to leave the clinic area.
- B. Follow the Chart Audit Form for record organization and writing progress notes

### You must note when your patient cancels or fails to come for a scheduled appointment in the patient's progress notes.

#### XX. Chart Audit

- A. All (all means all) charts will be audited by your clinic advisor.
- B. Charts are due as soon as you have finished all procedures and have received a grade on any radiographs taken.
- C. Please do not hoard patient charts and then expect your advisor to audit them all at the end of the semester. Your advisor will be **extremely unhappy** if this happens.
- D. See the Audit Form for more information.

### **APPENDIX 6**

## GRADING CRITERIA FOR THE CLINICAL EVALUATION RECORD (CER)

#### **Grading Criteria**

<u>Clinic Procedure</u>		Satisfactory
1.	Medical/Dental History	2 errors
2.	Oral Examination	3 errors
3.	Periodontal Assessment	6 errors
4.	Periodontal Charting (per quadrant)	6 errors
5.	Informed Consent	4 errors
6.	Dental Charting	5 errors

7. Scaling (per quad). The student must pass at least one quadrant to receive credit for the patient.

A. Class I	2 errors
B. Class II	3 errors
C. Class III	4 errors

8. Tissue Trauma counted as a scaling error

9. Polishing/Plaque Free 4 errors

10. Topical Fluoride Trays/APF

Failure to remove all dental biofilm, dry teeth prior to application, place saliva ejector, stay with patient, give appropriate patient instruction, check tissue response, or have faculty check patient will result in a "U".

11. Comprehensive Care 0 errors

12. Radiographs (3 improvable equal 1 retake)

A.	Adult BWX	5 improvable
	Primary/mixed BWX (2 films)	3 improvable
В.	Adult FMX	14 improvable
	Primary/mixed FMX (8 films)	8 improvable
C.	Panorex	2 improvable
13. Chart Audit		2 errors

### APPENDIX 7

### HARD DEPOSIT AND PERIODONTAL CLASSIFICATIONS

#### HARD DEPOSIT CLASSIFICATION SYSTEM

Class I: Any condition less than a Class II.

Class II: Slight to moderate generalized supramarginal calculus and/or subgingival calculus on at

least 10 teeth.

Class III: "Clickable" subgingival calculus deposits on at least 10 teeth.

\*\* Excessive stain may increase the hard deposit classification by one level at the discretion of the instructor.

#### **PERIODONTAL CASES**

Case 0 - Normal

#### Case I - Gingivitis

Inflammation of the gingiva characterized clinically by changes in color, gingival form, position, surface appearance, and presence of bleeding and/or exudate.

#### Case II - Chronic Periodontitis (Slight)

Progression of the gingival inflammation into the deeper periodontal structures and alveolar bone crest, with slight bone loss. The usual periodontal probing depth is 3 - 4 mm with slight loss of connective tissue attachment and slight loss of alveolar bone.

#### Case III - Chronic Periodontitis (Moderate)

A more advanced stage of the above condition, with increased destruction of the periodontal structures with noticeable loss of bone support possible accompanied by an increase in tooth mobility. There may be furcation involvement in multi-rooted teeth.

#### Case IV - Chronic Periodontitis (Advanced)

Further progression of periodontitis with major loss of alveolar bone support usually accompanied by increased tooth mobility. Furcation involvement in multi-rooted teeth is likely.

### **APPENDIX 8**

### **INSTRUCTIONS FOR MID AND FINAL CLINIC COUNSELING**

#### INSTRUCTIONS FOR MID-SEMESTER CLINICAL COUNSELING

#### Student:

- 1. Check your computer grade printout for accuracy. Look at specific procedures and make sure you have the same number of satisfactory and unsatisfactory grades as the computer does. Check the number of complete and incomplete patients, the number of class 1's, 2's, and 3's, you have started and the periodontal case types against what you have recorded on your CER's. Be able to account for your clinic time as listed by clinic session. If you find errors make the corrections on the printout, do not change your CER's! You must be able to document any corrections you have made using CER's, x-ray critique sheets, skill evaluations, competency evaluations and your appointment book. Bring your corrected copy of the computer printout to the clinic counseling session. Check for systemic illnesses and make sure you have payment information if it is not already on the CER's.
- 2. Pull all of your patient records and CER's and bring them to your counseling appointment. Make sure they contain all of the proper forms and information.
- 3. Bring your Clinic Manual, including Skill and Competency evaluations and bring your appointment book.
- 4. Prepare a **typed** critique of your clinic performance thus far. What do you feel especially comfortable with, what areas do you feel that you need help with, etc.
- Please bring the clinic requirement tracking form (from the clinic manual) with you to your counseling session. Make sure that you have recorded all of the correct information on this form.

#### Faculty PLEASE MAKE CORRECTIONS AS YOU CHECK THROUGH THE STUDENTS CER'S AND PRINTOUT

- 1. Record any skill evaluation, competency evaluation or treatment plan grades that have not been recorded on the clinic grade sheet.
- 2. Check the following on the computer printout for accuracy: Prophy/Periodontal Class, Number of requirements met, clinic time, etc.
- 3. Correct the CER's if necessary.
- 4. Check the student's patient records for completeness, audit if necessary.
- 5. If radiographs are not documented on the student grade sheet, please enter them.

  \*Make sure the student can produce a CER and a critique sheet for each survey. Question the student concerning surveys that have not been graded and make sure they intend to turn in any retakes as soon as possible. Send any problems to the clinic coordinator.
- 6. Check student progress towards meeting requirements in clinic including skill and competency evaluations, patient requirements, and radiographs.
- 7. Check student progress in identifying special patients, i.e. patient education, pedodontic competency, Patient Assessment competency, etc.

  Check student progress towards attaining their patient points, remember they are working toward a specific grade but have to start out with at least "C" requirements. The student must pass at least one quadrant of scaling to receive points for the patient.
- 8. Don't forget the students need one quadrant of periodontal charting. This can be done on a patient selected by an instructor for the procedure.
- 9. Make a list of students who need specific patients so we know what their general needs are.

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#### Please return the following:

- 1. List of patients the student still needs to identify
- 2. Corrected computer printout
- 3. Anything else you think we should be aware of

#### INSTRUCTIONS FOR FINAL CLINIC COUNSELING

#### Student:

- 1. Check your computer grade printout for accuracy. Look at specific procedures and make sure that you have the same number of satisfactory grades as the computer does. Check the number of complete and incomplete patients, the number of Class 1's, 2's, and 3's that you have started and the periodontal classes recorded on the printout against what you have recorded on your CER's. Be able to account for your clinic time as listed by clinic session. If you find errors, make corrections on the printout; do not change your CER's! You must be able to document any corrections that you have made using CER's, x-ray critique sheets, skill evaluations, competency evaluations and your appointment book. Bring your corrected copy of the computer printout to the clinic counseling session.
- 2. Pull all of your patient records and CER's and bring them to your counseling appointment. Make sure the patient records have been audited by an instructor. Make a list of all patients that have not been completed and designate whether or not they will be returning in the fall for completion.
- 3. Bring your Clinic Manual, including skill and competency evaluations and bring your appointment book.
- 4. Prepare a <u>typed</u> critique of your clinic performance. What do you feel especially comfortable with, what areas do you feel that you need help with, etc. Did you utilize your time effectively? If you were not satisfied with your efforts, what might you do to correct the problem? Give this to your clinic counselor.
- 5. Please bring the clinic requirement tracking sheet on page 69 of the manual with you to the counseling session. Make sure that you have recorded all of the correct information on the form. If you have requirements that are not completed list these out and explain why they are not completed.
- 6. Check your CER's against your patient records for systemic conditions and handicapping conditions. Make sure these are circled on the CER.
- 7. There were 27 scheduled clinic sessions or 104 hours everyone should have. In addition you will have 4 to 8 hours of sterilization time. Your total clinic time is what we must account for as 108 hours. Your clinical counselor will make sure you have done the assigned sterilization duty. You should have documented 8 hours of sterilization during clinic hours.
- 8. Return dental materials key to Mrs. Sandusky in a coin envelope with your name and drawer number on it.
- 9. Make sure you have all of your Community service hours documented. Keep a copy for yourself.

#### Faculty:

- 1. Record any skill evaluation, competency evaluation or treatment plan grades that have not been recorded on the clinic grade sheet.
- 2. Check the following on the computer printout for accuracy: Prophy/Periodontal class, number of requirements met, clinic time, etc. The student should have 116 to 120 hours of clinic time. The time should include 8 hours of sterilization during clinic time and the student should have documented 4 to 8 hours of sterilization outside of clinic time. A few students may have 4 hours more for make-up time in sterilization.
- 3. Correct the CER's if necessary. The clinic receptionist will enter the corrections.
- 4. Check the student's patient records for audit signatures.
- 5. If radiographs are not documented on the student grade sheet, please enter them. Make sure the student can produce a CER and critique sheet for each survey. Question the student concerning any surveys that are not graded; we need to account for all radiographs taken. Have the student turn any ungraded surveys in to the first year clinic coordinator or grade them yourself. If they are not completed just enter a U and initial the critique form.
- 6. Check the student's requirements against the requirement sheet on page 69 of the manual. If the student has not completed requirements they should provide you with a list of incomplete requirements with reasons for not completing them.
- 7. Confirm completion of the proper number of prophy and periodontal class patients. Remember the student must have a 75% on the CER and must have passed at least 1 quadrant of scaling.
- 8. Check Community Service hours. They must have at least 3.
- 9. Write an entry in the student's counseling Notes on the R Drive for failure to complete requirements (any of the requirements).
- 10. Return the following to the clinic coordinator:
  - a. Computer printout with corrections
  - b. Written critiques
  - c. List of incomplete requirements
  - d. List of patients to be completed during the fall semester
  - e. CER's that need to be corrected (enter them yourself or give to Mrs. Woods)
  - f. Dental materials key should be given to Mrs. Sandusky.

### **APPENDIX 9**

### STUDENT REQUIREMENT TRACKING SHEET

#### REQUIREMENT COMPLETION RECORD

(Place appropriate patient number in the appropriate space upon completion of treatment. Bring this record with you to all progress checks and counseling sessions.)

Class II pts	(completed) (completed) (completed)	·
PERIODONTA	L CASE	
Case Type I	(completed)	
Case Type II	(completed)	
Case Type III	(completed)	

REQUIREMENT	INDIVIDUAL PATIENT NUMBER						
FMX							
DIGITAL FMX							
BWX (FILM OR DIGITAL)							
PAN							
PEDO FMX							
PEDO BWX							
MED/DENT HISTORY							
HEAD & NECK/INTRAORAL EXAMS							
PERIODONTAL ASSESSMENT							
ADULT DENTAL CHARTING							
PRIMARY/MIXED DENTAL CHARTING							
PERIODONTAL CHARTING (1 QUAD)							
PLAQUE FREE/POLISHING							
WRITTEN CARE PLANS							
COMMUNITY SERVICE (3HR MIN)							

### From your Clinic Coordinator

Please remember you are a health care professional. Look and act appropriately at all times. If you have any questions ask your instructors after you have looked in your lab manual for the answer. Do not hesitate to seek assistance if you are not able to find the answers you seek. We are available during school hours. Instructors post a door schedule outside each office. You are still learning, do not expect perfection from yourself. The most successful students are organized and always plan and prepare ahead. I have faith in you!

Mrs. Rogers