

Work-Life *solutions*

Get the everyday help you need

Just call your ComPsych® GuidanceResources® toll-free number or log on to guidanceresources.com to reach a Work-Life Specialist. They will research your question and find the answers. If they can't provide an immediate answer, they'll send you a complete packet of practical information, including maps, referrals, articles on your topic, estimated costs, and much more, in just a few business days. The materials can be delivered to you via email or, if you prefer, second-day air.

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GuidanceResources gives you someone to talk to for any of life's challenges, big or small.

How can we help you?



**Finding child
or elder care**



**Housing
searches**



**Seeking
financial
assistance**



**Locating
pet care**



**Sending a
child off to
school**



**Planning a
major project
or event**

Easy Access

Call **888.330.2562**
to speak to a
GuidanceConsultantSM
who will guide you to the
appropriate services.

Online scheduling: log on
to guidanceresources.com
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**Live
Assistance**

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